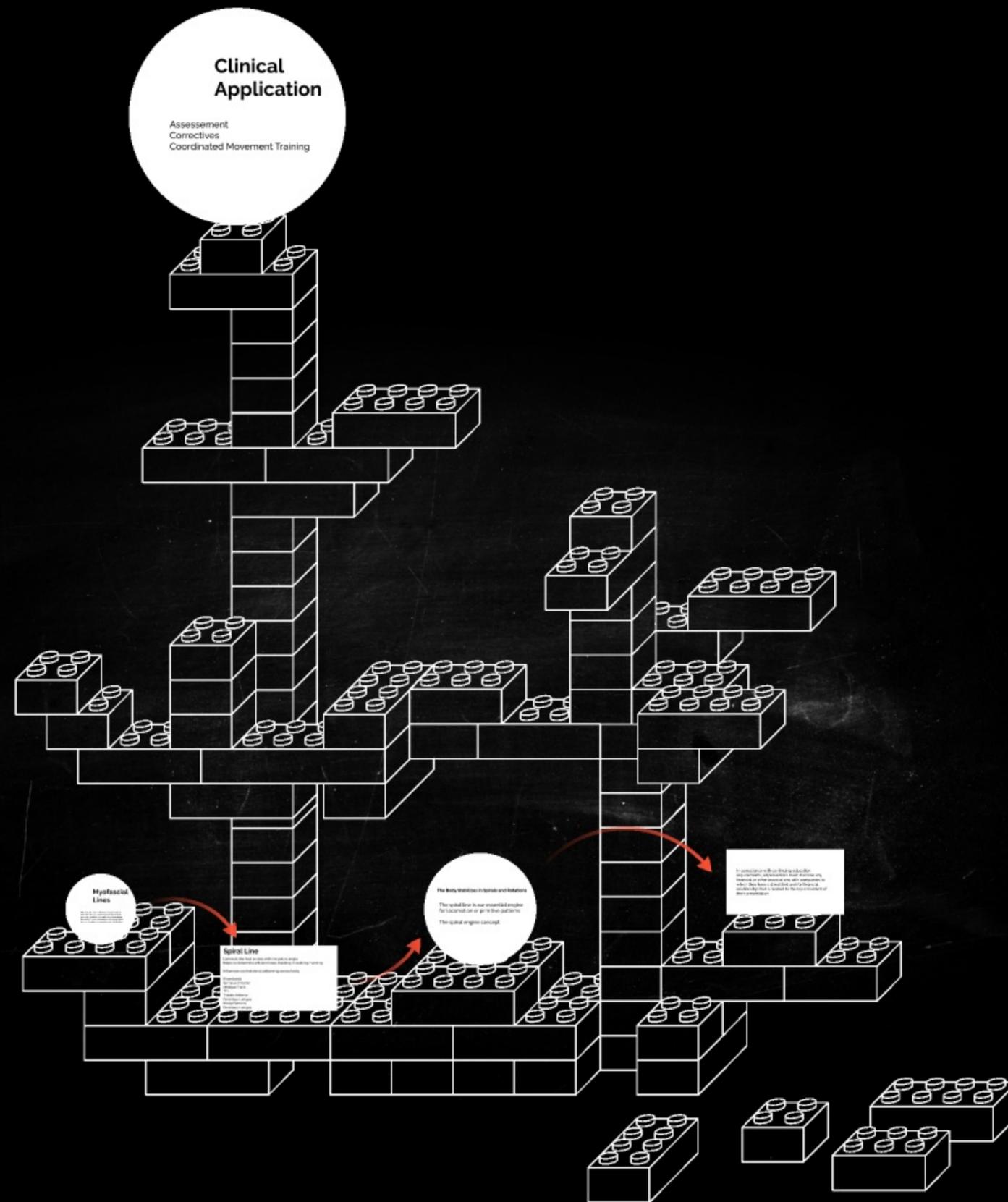


Spiraling Under Control



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Myofascial Lines

Myofascial lines are functional pathways of muscles and connective tissue (fascia) that connect, stabilize, transmit force throughout the body. These interconnected tissues allow for coordinated movements and stabilization.

Spiral Line

Connects the foot arches with the pelvic angle

Helps to determine efficient knee-tracking in walking/running

Influences contralateral patterning across body

Rhomboids

Serratus Anterior

Oblique Trunk

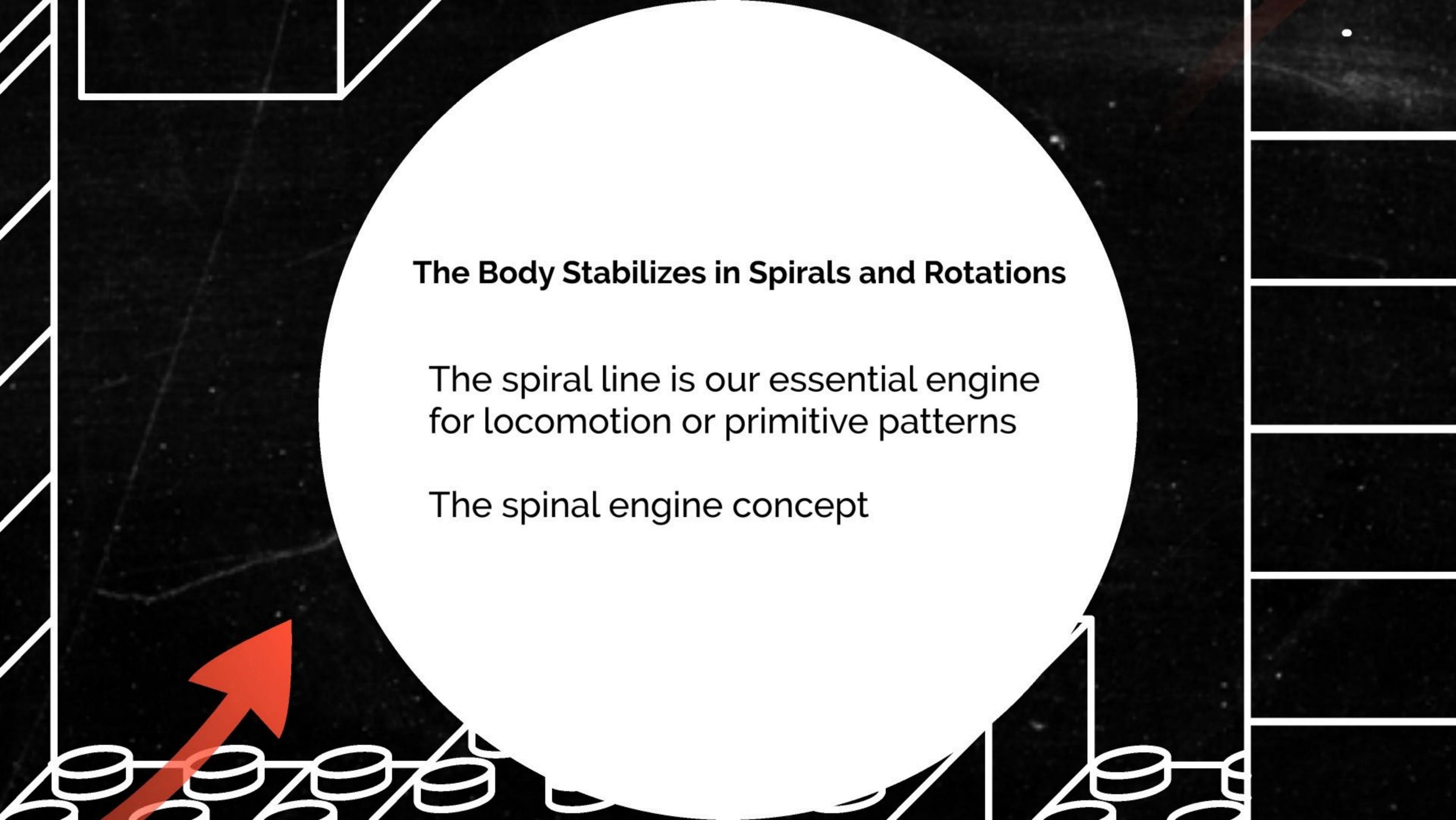
TFL

Tibialis Anterior

Peroneus Longus

Bicep Femoris

Peroneus Longus



The Body Stabilizes in Spirals and Rotations

The spiral line is our essential engine
for locomotion or primitive patterns

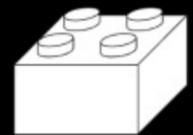
The spinal engine concept

Clinical Application

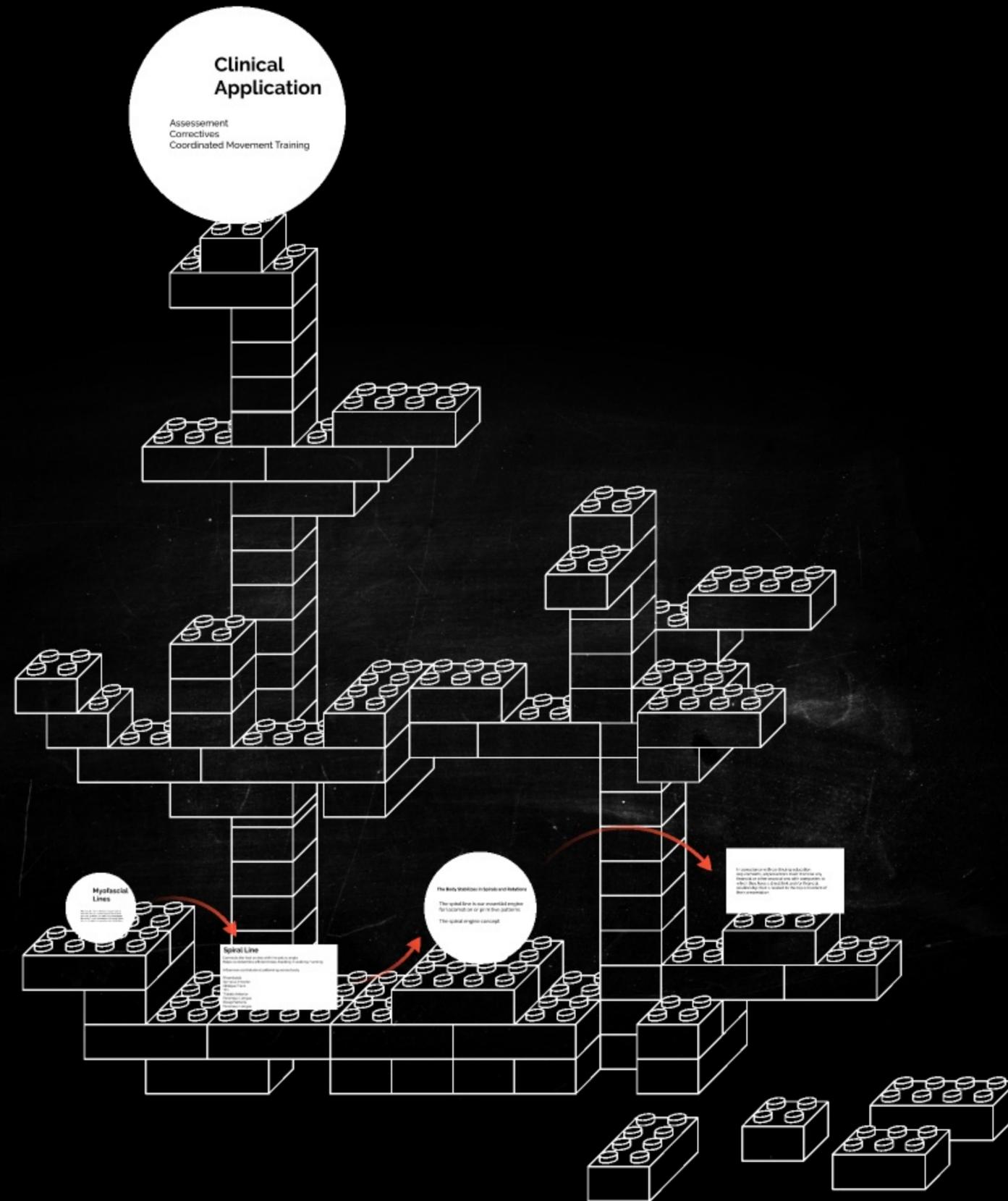
Assesement

Correctives

Coordinated Movement Training



Spiraling Under Control



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