



# **39th Annual Conference and Business Meeting**

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**MARCH 2-3, 2025  
ATLANTIC CITY, NJ**

# Sunday, March 2nd

# Student Session

<b>Virtual Presentation</b>	<b>Communicable Disease Response &amp; Prevention for Student Athletes</b>
<b>9:00 am - 11:50 am</b>	<b>Committee Day</b> Mambo
<b>9:30 am - 6:00 pm</b>	<b>Registration</b> Hallway
<b>11:55 am - 12:00 pm</b>	<b>Welcome</b> Lecture Hall - Castanet
<b>12:00 pm - 12:55 pm</b>	<b>Have We Restricted Coordinated Neuromuscular Motor Movement and Body Control by Limiting Adolescent Athletes to a Specialized Organized Sport Too Early?</b> Kip Patterson   Lecture Hall - Castanet
<b>1:00 pm - 2:30 pm</b>	<b>ATSNJ Annual Business Meeting</b> Steve Barandica, Kenneth T. Cieslak   Lecture Hall - Castanet
<b>1:00 pm - 6:00 pm</b>	<b>Exhibit Hall Open</b> Hallway
<b>2:30 pm - 3:00 pm</b>	<b>Exhibitors Break</b> Hallway
<b>3:00 pm - 3:45 pm</b>	<b>Quadrupedal Movement Training</b> Christopher Flores   Mambo
<b>3:00 pm - 3:55 pm</b>	<b>Protecting Yourself in Per Diem Practice</b> K Ellis, F Mair   Lecture Hall - Castanet
	<b>Have We Restricted Coordinated Neuromuscular Motor Movement and Body Control by Limiting Adolescent Athletes to a Specialized Organized Sport Too Early?</b> Kip Patterson   Bosa Nova
<b>3:50 pm - 4:35 pm</b>	<b>Managing Emotions During BOC Prep... and LIFE</b> Betsy Esposito, Luis Torres   Mambo
<b>4:00 pm - 4:55 pm</b>	<b>Hamstring and Achilles Management: Diagnostics and Treatment Application</b> Mark Harrington, Alexander Leto   Lecture Hall - Castanet
<b>4:40 pm - 5:25 pm</b>	<b>Identifying Patterns and Postural Provocations in Your Assessment of Lower Back Disorders</b> Kenneth T. Cieslak   Mambo
<b>5:00 pm - 5:55 pm</b>	<b>Managing the Diabetic Physically Active Patient</b> Aiden Prybicien, Michael Prybicien   Lecture Hall - Castanet
<b>5:30 pm - 6:15 pm</b>	<b>Hall of Fame Panel</b> Elisa Camillone, David Csillan, John Davis, Michael Goldenberg, J. Timothy Sensor   Mambo
<b>6:00 pm - 6:55 pm</b>	<b>Joint Dislocations: Reduction, Recovery, and Recurrence</b> Casey Christy   Lecture Hall - Castanet
	<b>Managing the Diabetic Physically Active Patient</b> Aiden Prybicien, Michael Prybicien   Bosa Nova
<b>6:20 pm - 6:45 pm</b>	<b>ATSNJ Student Award Presentations</b> Hallway
<b>6:50 pm - 7:20 pm</b>	<b>Student Quiz Bowl</b> Mambo
<b>7:00 pm - 7:05 pm</b>	<b>Adjourn</b> Steve Barandica, Lecture Hall - Castanet
<b>7:25 pm - 7:55 pm</b>	<b>AT Olympics</b> Mambo
<b>7:55 pm - 8:00 pm</b>	<b>Adjourn</b> Melody An   Mambo

**\* As of Monday, February 24, 2025  
Any updates will be reflected on the website.**

<b>Monday, March 3rd</b>		 <b>Student Session</b>
7:30 am - 1:30 pm	<b>REGISTRATION</b> Hallway	
7:30 am - 2:30 pm	<b>Exhibit Hall Open</b> Hallway	
7:55 am - 8:00 am	<b>Welcome</b> Steve Barandica   Lecture Hall - Castanet	
8:00 am - 8:55 am	<b>Shoulder Evaluation: Manipulation, Soft Tissue, Rehab, Taping... Which to Use and Why!</b> Gregory Doerr   Lecture Hall - Castanet	
9:00 am - 9:30 am	<b>Exhibitor Break &amp; Student Poster Presentations</b> Hallway	
9:30 am - 10:25 am	<b>From Rehab to Peak Performance: Integrating Olympic Lifts into Athletic Recovery Programs</b> Erin Pletcher   Lecture Hall - Castanet	
	<b>Shoulder Evaluation: Manipulation, Soft Tissue, Rehab, Taping... Which to Use and Why!</b> Gregory Doerr   Bosa Nova	
10:30 am - 12:00 pm	<b>Annual Awards Brunch</b> Steve Barandica   Mambo	
12:00 pm - 12:30 pm	<b>Exhibitor Break</b> Hallway	
12:30 pm - 1:25 pm	<b>The Use of Tandem Gait &amp; the BESS Test for Concussion Management</b> Jaclyn Morrissette   Lecture Hall - Castanet	
1:30 pm - 2:25 pm	<b>Allostatic Load and Precision Medicine in Athletic Injuries</b> Thomas Adderley, Steve Grazioli   Lecture Hall - Castanet	
	<b>The Use of Tandem Gait &amp; the BESS Test for Concussion Management</b> Jaclyn Morrissette   Bosa Nova	
2:30 pm - 2:35 pm	<b>Closing Remarks</b> Steve Barandica   Lecture Hall - Castanet	



# **2025 Annual Conference**

**Monday, March 3, 2025 | Atlantic City, NJ**

## **Conference Compendium**



Athletic Trainers' Society of New Jersey

**ATSNJ**

## **39th Annual Conference and Business Meeting**

### **ATHLETIC ENVIRONMENTAL HEALTH SAFETY AWARD**



**Matthew Bryant**  
Rowan University

Matthew is in his second year of the athletic training master's program at Rowan University and is currently completing his final clinical rotation at Lindenwold High School. He has been on the ATSNJ Student Leadership Committee for two years and now serves as their Secretary. At Rowan University, Matthew was a member of the Athletic Training Club for all four years of undergrad and served as treasurer for two of those years. Other involvement includes being a teacher's assistant for the cadaver anatomy course at Rowan University and presenting at the Rowan-Virtua SOM PM&R and Sports Medicine Conference. At that conference, he and fellow students demonstrated proper techniques for equipment removal in emergency situations to medical students. This year, Matthew will be the recipient of the 2025 ATSNJ Athletics Environmental Health and Safety Award. In the future, his goal is to work in the collegiate setting but is open to any experience that presents itself.



# 39th Annual Conference and Business Meeting

## JACK WEAKLEY DISTRICT II SCHOLARSHIP



As the Director of the Sports Medicine Group for Johnson and Johnson Consumer Products Company, Jack Weakley has continuously played a major role in the NATA, the profession of athletic training and the evolution of the Athletic Trainer's Society of New Jersey. He has been instrumental in providing leadership, guidance and his support of our organization has been invaluable. The Jack Weakley District 2 Scholarship is named for an individual who is a champion of Athletic Training on a national level, and a true friend to Athletic Trainers in the state of New Jersey and honors award recipients who share Jack's motto, "Helping those who help others."

### **The recipient of the 2025 Jack Weakley District II College Scholarship is Kyle Grehan from William Paterson University**

The 2025 Jack Weakley D2 Scholarship winner is Kyle Grehan of William Patterson University. The award, named in honor of the legendary leader and contributor to the athletic training community, is awarded to a deserving student enrolled in one of New Jersey's CAATE programs. Kyle, a Jersey City, New Jersey resident, is a member of his Athletic Training Club and was a member of the William Patterson Men's Soccer Team earning Academic All-NJAC Honorable Mention. Kyle has also volunteered with the Special Olympics.





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### **RICHARD F. MALACREA COLLEGE SCHOLARSHIP**



A respected member of the NATA for 27 years, "Dick" Malacrea's accomplishments have been extensive since achieving his Certificate of Physical Therapy in 1957. Hard work and sacrifice became a way of life for Dick after serving in the U.S. Army as Scout upon his graduation from West Chester State College in 1954. He then continued on with his career to become a Staff Athletic Trainer. In 1968, Dick made his final career move to Princeton University as Head Athletic Trainer. Richard F. Malacrea is a charter member of the ATSNJ, Inc. Hall of Fame. He was a founding father of the ATSNJ and one of the original authors of the New Jersey Athletic Training Practice Act in 1984. Through this society, Dick was appointed by NJ Governor Tom Kean to be Chairman of the Legislative Committee of Advisors to the Board of Medical Examiners. Malacrea was the NATA Vice President, EATA President and NATA District Two Director, as well as Chairperson of the Athletic Training Advisory Committee. He was a recipient of the "Pinky" Newell Award: ATSNJ, Inc. Distinguished Service Award and the Cramer Award. Malacrea was selected to the NATA Hall of Fame in 1992. Dick has always worked to help others achieve and to create the high standards of athletic trainers today.

### **The recipient of the 2025 Richard F. Malacrea College Scholarship is Maya Jones from Rowan University.**

The 2025 Richard Malacrea Scholarship winner is Rowan University's Maya Jones. This award, named in honor of the National Athletic Trainers' Association Hall of Famer and founding member of the Athletic Trainers' Society of New Jersey, Inc., is presented to an athletic training student demonstrating superior academic achievement and involvement. Maya resides in Cranford, New Jersey, and serves on the D2 NATA Foundation Student Committee and is Rowan University's to the D2 Student Ambassador Committee.





## 39th Annual Conference and Business Meeting

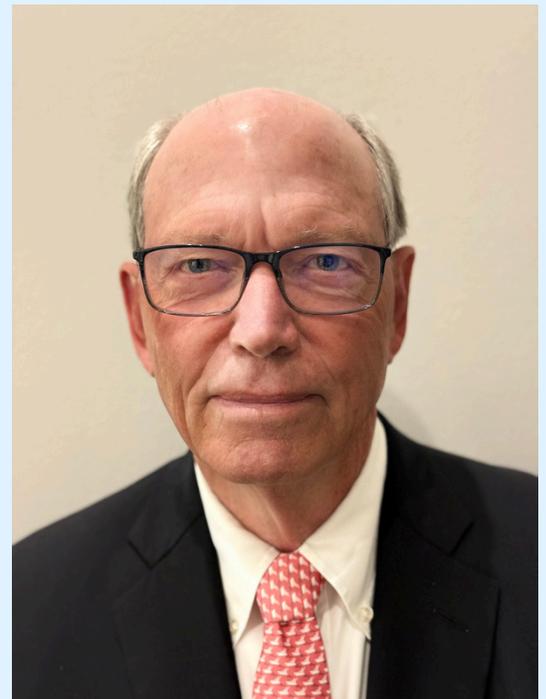
### DR. TIMOTHY HOSEA TEAM PHYSICIAN AWARD



Dr. Hosea was a graduate of Harvard University and the University of Cincinnati College of Medicine. He did his internship at Peter Brent Brigham Hospital, completed his residency at the Harvard Combined Orthopaedic Program at Massachusetts General Hospital and achieved a fellowship in sport medicine at the Brigham and Women's Hospital. As a partner at University Orthopaedic Associates, where he practiced for over 30 years, he was a pillar of professionalism and patient care. In addition, he was the orthopaedic consultant and team physician for Rutgers University football. He also served as the team physician for the USRowing national team at 12 world rowing championships and many Olympic Games. As a physician, he was a skilled healer. However, many colleagues testify that his true skill was relating to and dealing with athletes and patients on a personal level. Dr. Hosea was the utmost caring, compassionate person.

### The recipient of the 2025 Dr. Timothy Hosea Team Physician Award is Dr. Harry Bade III.

The 2025 Dr. Timothy Hosea Team Physician Award winner is Harry Bade III, MD. A 1968 graduate of the University of Pennsylvania, Dr. Bade obtained his medical degree from Jefferson Medical College. An advocate for athletic trainers in the State of New Jersey, Dr. Bade has served as the Team Physician for numerous, professional, collegiate, and secondary school settings. Dr. Bade was the 2004 recipient of the ATSNJ Presidential Award. He has been recognized numerous times as a "Top Doc" within the New Jersey/New York Metro area. Dr. Bade is also a veteran of the United States Army Reserve.





Athletic Trainers' Society of New Jersey

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### **MEDIA AWARD**

*To recognize persons or entities for their positive promotion or enhancement of the Athletic Training profession in New Jersey.*



**Elaine Quijano**



**Sandra Temko**

Elaine Quijano and CBS News Medical Producer Sandra Temko are receiving the 2025 ATSNJ Media Award for their comprehensive report related to heat related illness prevention during athletic participation.

Elaine Quijano is a weekend mornings anchor for CBS New York and a correspondent for CBS News and Stations, contributing to all CBS News, Stations and Streaming.

In her role at CBS New York, Quijano co-anchors the weekend morning show. Her reporting as a CBS News correspondent is featured across all of CBS News and Stations' broadcasts and platforms, with a focus on Health & Wellness.

Quijano joined CBS News in 2010. Based in New York, she has covered a variety of stories, including the Boston Marathon bombings, Superstorm Sandy, and the 2014 World Cup in Brazil. Quijano was also part of the CBS News team that received an Alfred I. duPont Award for the Network's coverage of the 2012 Newtown shootings.

Prior to joining CBS News, she worked for CNN as a Washington, D.C.-based correspondent. While there, she reported from various beats, including the White House, the Pentagon and the Supreme Court.

Quijano holds a degree in journalism from the University of Illinois at Urbana-Champaign.

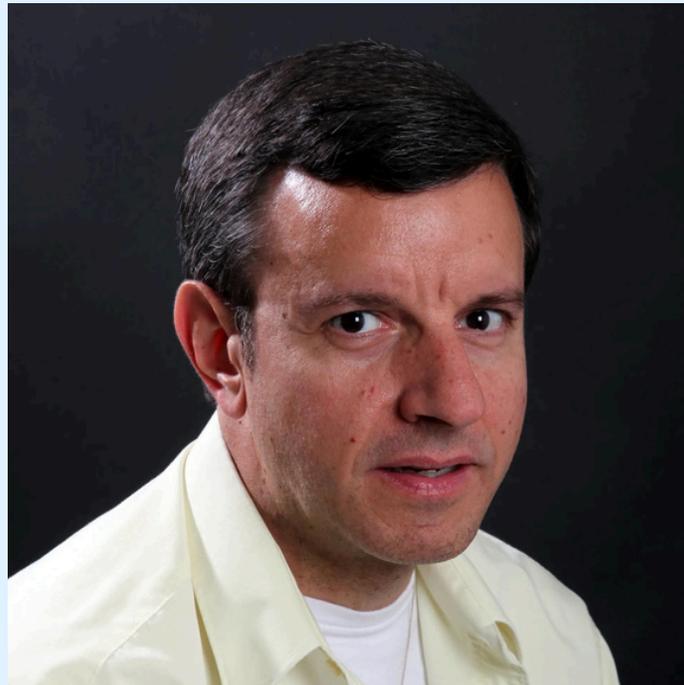


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## **39th Annual Conference and Business Meeting**

### **PRESIDENTIAL AWARD**



#### **The recipient of the 2025 Presidential Award is Greg Tufaro.**

The 2025 Presidential Award Winner is Greg Tufaro. During 31 years as a national award-winning journalist for USA TODAY NETWORK New Jersey, Greg wrote extensively about student-athlete health and safety. The issue remains at the forefront in his new role as Senator Patrick Diegnan's chief of staff. In honor of their daughter, Greg and his wife Cyndi established The Marisa Tufaro Foundation, which has donated \$375,000 to assist pediatric patients. Marisa survived six open-heart surgeries and a heart transplant before succumbing to cancer in 2017. She was 13. Greg graduated from Rutgers University and Saint Joseph High School (Metuchen), where he is an Athletics Hall of Fame inductee.



# 39th Annual Conference and Business Meeting

## HALL OF FAME



### **The recipient of the 2025 Hall of Fame Award is Kevin Briles, ATC, CSCS, EMT-B.**

Kevin Briles ATC, CSCS, EMT-B is the 2025 Athletic Trainers' Society of New Jersey Hall of Fame Inductee. Kevin obtained his bachelor's degree from Gettysburg College in 1997. A long-time leader in New Jersey's athletic training community, he has been the athletic trainer at Delsea Regional High School (Gloucester County) since 2004. Kevin has served the ATSNJ as the Southern Regional Representative, President-Elect, President, and Past President. He has been a member of both the Student and Conference Committees. He currently serves on the Governmental Relations Committee, Honors/Awards Committee, and the Secondary Schools Committee. Kevin received the ATSNJ Distinguished Service Award in 2022.



Athletic Trainers' Society of New Jersey

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## 39th Annual Conference and Business Meeting

### CELEBRATING EXCELLENCE

#### VICTOR D. RECINE MEMORIAL HIGH SCHOOL SCHOLARSHIP

1988 - Nicole Figard  
1989 - Greta Jansch  
1990 - Frank Merck  
1991 - Jennifer Becker  
1992 - Eric Reinhold  
1993 - Christine Flynn  
1994 - Jennifer Scull  
1995 - Danielle Graziani  
1996 - Carla Chianese  
1997 - Melissa Whitman  
1998 - James Maison  
1999 - Kelli Ann Williams  
2000 - Kathryn Elbert  
2001 - Amanda Mackel  
2003 - Lauryn Herchakowski  
2004 - Dana Winkler  
2005 - Carrie Ann Georgiadis  
2006 - Michelle Benn  
2007 - Carolyn Bogdon  
2008 - Jessica Anderson  
2009 - Melissa Walker  
2010 - John Merris  
2011 - Lindsey Davis  
2012 - Stacy Blickman  
2013 - Devin P. Dromgoole  
2014 - Caitlin Brinkman  
2016 - Katherine Godfrey  
2016 - Andrew Gansas  
2017 - LaNiece Brown  
2018 - Michelle Freitas  
2019 - KyAsia Mays  
2020 - Chinonye Igwe  
2021 - Bridget Thomas  
2023 - Aileen Forsyth  
2024 - Ava Parziale

#### RICHARD F. MALACREA COLLEGE SCHOLARSHIP

1992 - Lawrence Baggitt  
1993 - Joel Destefano  
1994 - Mark Donetz  
1995 - Michele Anton  
1996 - Julie Mac Millan  
1997 - Denise Wujciak  
1998 - Jennifer Long  
1999 - Nicholas Cicarelli  
2000 - Leah Ewing  
2001 - Melissa Whitman  
2002 - Steven Viana  
2003 - Joseph Savoia  
2004 - Miyuki Hattori  
2005 - Gregory Keith  
2006 - Ryan Kardos  
2007 - Dana Winkler  
2008 - Amy O' Connor  
2009 - Colleen M. Rackett  
2010 - Jessica Schoenstein  
2011 - Justin Maher  
2012 - Sara Cline  
2013 - Stephen Dipple  
2014 - Chelsea Davis  
2015 - Megan Teller  
2016 - Haley Anderson  
2017 - Nicole Pietrapertosa  
2018 - Mary-Grace Testa  
2019 - Juliana Romero  
2020 - Nicole Thompson  
2021 - Patrick McClain  
2022 - Alicia Mitchell  
2023 - Tayler Garron  
2024 - Samantha Corallo  
2025 - Maya Jones

#### JACK WEAKLEY DISTRICT II COLLEGE SCHOLARSHIP

2001 - Keir Howland  
2002 - Jessica Springstead  
2003 - Stacy Gaven  
2004 - Vincent Leavey  
2005 - Ryan Kardos  
2006 - Meaghan Conti  
2007 - Sergiusz Monasterski  
2008 - Dana Winkler  
2009 - Matthew E. Brackney  
2010 - Victoria Stanislawski  
2011 - Nicole Morelli  
2012 - Michael Boisselle  
2013 - Steven Barandica  
2014 - Joseph Vogler  
2015 - Andrew Calore  
2016 - Sara Garn  
2017 - Kelsey Harkin  
2018 - Madalyn DiBona  
2019 - Morgan Duncan  
2020 - Sarah Unger  
2021 - Sarah Myers  
2022 - Jenna Daily  
2023 - Brooke Sachau  
2024 - Jordyn Hecker  
2025 - Kyle Grehan



Athletic Trainers' Society of New Jersey

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## CELEBRATING EXCELLENCE

### ATSNJ PRESIDENTIAL AWARD

1996 - Jack Weakley  
 1997 - Honorable John Lynch  
 1997 - Honorable Robert Martin  
 1998 - Timothy Hosea, MD  
 1999 - Capital Public Affairs, Inc  
 2000 - Ernest J. Finizio, Jr.  
 2001 - Mary Lou Mattolla KZG  
 2002 - Senator John H. Adler  
 2002 - Assemb. J. Wisniewski  
 2003 - Richard Levandowski, MD  
 2004 - Harry Bade, MD Mitch Handler,  
 Ernie Nelson  
 2005 - David H. Brogan  
 2006 - POA, Bill Hyncik  
 2007 - Cherie Gillen, CPA, Inc  
 2008 - Senator Raymond J. Lesniak  
 2008 - Assemb. Wilfredo Caraballo  
 2008 - Adam Kaufman, Eric Orlando  
 2009 - John J. Sonzogni Jr., MD  
 2010 - Assembly Patrick J. Diegnan,  
 2012 - Alan Myers, Fran Raggazino  
 2013 - Bill Hyncik, Bill Reger, MJ Rogers  
 2014 - Lisa Quadrini  
 2015 - John Galluci, Jr.  
 2017 - Burlington County ATC's  
 2018 - Andrew J. Smith  
 2019 - Senator Patrick J Diegnan  
 2020 - Mark Bramble  
 2022 - Antonio Estevez  
 2024 - Ronnie Barnes  
 2025 - Greg Tufaro

### ATSNJ DISTINGUISHED SERVICE AWARD

1988 - Jeff Middleton  
 1989 - Phillip Hossler  
 1990 - Richard F. Malacrea  
 1991 - William Battershall  
 1992 - Joseph J. Camillone  
 1993 - J. Timothy Sensor  
 1995 - Donald Kessler  
 1998 - Chuck Whedon  
 2001 - Michael Goldenberg  
 2003 - Stephen E. Bair  
 2003 - Elisa Camillone  
 2003 - David Csillan  
 2003 - Karen Manista  
 2003 - Jeffrey Ryan  
 2004 - John Davis  
 2005 - Mark Cherwony  
 2006 - Debrah Morante  
 2007 - Tanya Dargusch  
 2007 - Eric Nussbaum  
 2008 - Casey Christy  
 2009 - Joanne Ploch  
 2009 - Robb Rehberg  
 2010 - Mark Bramble  
 2010 - William VonLeer  
 2011 - David Middlemas  
 2011 - Michael Prybicien  
 2014 - Christina Emrich  
 2018 - Eric Schwartz  
 2020- Cali Whedon  
 2022 - Kevin Briles  
 2023 - Jessica Springstead

### ATSNJ HALL OF FAME

1997 - Joseph J. Camillone  
 1997 - Phillip Hossler  
 1997 - Richard F. Malacrea  
 1997 - Victor D. Recine  
 1998 - William Battershall  
 1998 - Donald Kessler  
 1998 - J. Timothy Sensor  
 2003 - Chuck Whedon  
 2004 - Stephen E. Bair  
 2005 - Michael Goldenberg  
 2006 - John Davis  
 2007 - Karen Manista  
 2008 - David Csillan  
 2009 - Mark Cherwony  
 2009 - Casey Christy  
 2011 - Robb Rehberg  
 2012 - Elisa Camillone  
 2013 - Michael Prybicien  
 2013 - Tanya Dargusch  
 2017 - David Middlemas  
 2017 - Eric Nussbaum  
 2020 - Christina Emrich  
 2021 - Mark Bramble  
 2022 - William von Leer  
 2024 - Eric Schwartz  
 2025 - Kevin Briles



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## CELEBRATING EXCELLENCE

### **PHILLIP HOSSLER** **LOYALTY AND** **COMMITMENT** **AWARD**

2018 - Suzanne Barba  
2019 - Karen Karosy  
2019 - Leeann Pearce  
2022 - Joseph Friedrich  
2024 - Carl Lange

### **ATHLETIC** **ENVIRONMENTAL** **HEALTH SAFETY**

2025 - Matthew Bryant

### **DR. TIMOTHY M.** **HOSEA TEAM** **PHYSICIAN AWARD**

2016 - Richard Levandowski, MD  
2017 - Vincent K. McInerney, MD  
2018 - Charles A. Gatt, Jr., MD  
2019 - John P. Kripsak, DO  
2020 - Scott A. Rodeo, MD  
2024 - Stephen Rice, MD  
2025 - Dr. Harry Bade III

### **ATSNJ AWARD OF** **MEDIA** **EXCELLENCE**

2003 - Wayne Richardson  
2004 - Tom McGurk  
2005 - Carol Sakowitz  
2006 - Christopher T Edwards  
2009 - Jim Salisbury  
2011 - Jackie Friedman  
2013 - David Biggy, Asbury  
Park Press  
2019 - Greg Tufaro  
2023 - Jerry Carino  
2025 - Elaine Quijano and  
Sandra Temko



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## **POSTER PRESENTATION WINNERS**

### **1st Place**

**Sean Kenney**

**Kean University**

Non-Contact Femoral  
Fracture in High School  
Track & Field Athletes

### **2nd Place**

**Julia Rose Duardo**

**Montclair State University**

Fidelity Exploration of  
the Vestibular Ocular Motor Screening (VOMS)  
in a Healthy Population

### **3rd Place**

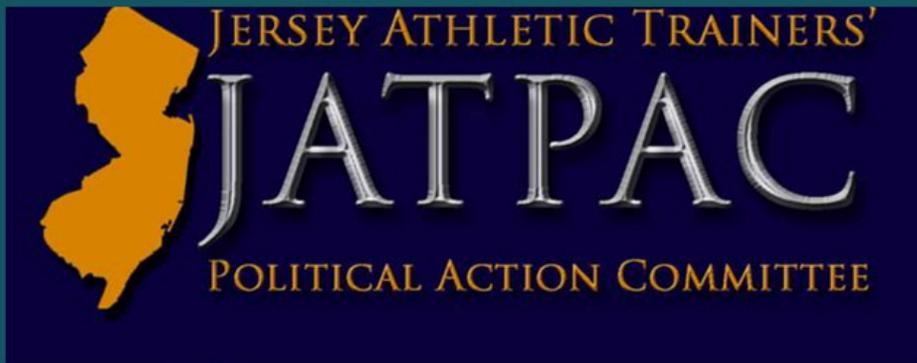
**Angelina Dougherty**

**Kean University**

Botox as a Minimally-  
Invasive Alternative for  
Treatment of Chronic Exertional  
Compartment Syndrome (CECS)  
in a Collegiate Women's Soccer Player



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## **SPEAKER GUIDE**

### **K Ellis F Mair**

#### **PATS Cross-Over Speaker**

We are thrilled to continue our collaboration with the Pennsylvania Athletic Trainers' Society by exchanging speakers for our respective Conference & Business Meetings. This year, we are pleased to welcome K. Ellis F. Mair as our speaker. Ellis brings a wealth of experience in athletic training and participant health and safety. Ellis is a co-founder of Go4Ellis and has also held various athletic training roles in both collegiate and clinical settings. We are confident that Ellis's expertise and insights will be a valuable addition to our educational program, and we are honored that she has accepted our invitation to present at the conference.

### **Thomas Adderley PT, MPT, OCS, FAAOMPT**

#### **Orthopaedic and Sports Physical Therapist**

#### **The Training Room**

Tom Adderley is an orthopaedic and sports physical therapist. He practices in southern New Jersey and is passionate about manual therapy and clinical reasoning particularly in orthopaedic and sports populations with respect to proposed mechanisms. As clinic director/partner at The Training Room as well as faculty at Bellin College's Orthopaedic Manual Physical Therapy fellowship program, he is able to incorporate day-to-day patient care with best available research. He has presented at both local and national conferences and is a voracious consumer of continuing education and current research.

### **Melody An**

#### **Student Committee Chair**

#### **Montclair State University**

Melody An is currently a Second Year Master's Student at Montclair State University in Montclair, NJ. She holds a Bachelor of Science degree in Exercise Science from Rutgers University in New Brunswick, NJ. In addition to her academic responsibilities, she serves as the Chair of the ATSNJ Student Leadership Committee and as the President of the Athletic Training Club at Montclair State University. Melody has also volunteered at various events including the David Masur Soccer Camp and Snow Bowl Special Olympics. Upon completing her graduate studies, she intends to pursue a career as an athletic trainer at a high school. Melody is also a member of the Iota Tau Alpha Athletic Training Honor Society.



Athletic Trainers' Society of New Jersey

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## **SPEAKER GUIDE**

### **Steve Barandica M.Ed., ATC, LAT ATSNJ President-Elect Monroe Township High School**

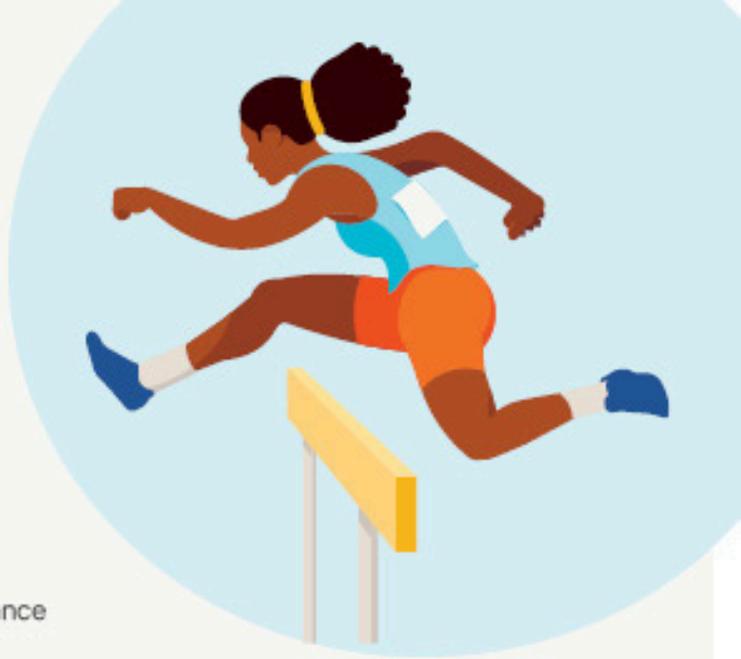
Steven joined Monroe Township High School as the Director of Athletics & Co-Curricular Programs in July of 2023. Steven graduated from Kean University in 2013 where he received a Bachelor's of Science degree in Athletic Training and a minor in Health Education. He also received a Masters of Education degree in Higher Education Administration with a Sports Management Concentration from Auburn University in 2015. Steven has had the opportunity to work in several different settings. He interned for the Washington Commanders, worked with Division I Football, Tennis & Cheerleading and was also a Physician Extender for Auburn University Athletics as a graduate assistant. He previously served as the Head Athletic Trainer at Woodbridge High School for two years and Westfield High School for 6 years before becoming an athletic director. Steven has a passion for giving back to the community and the field of athletic training through involvement with ATSNJ, serving as preceptor for multiple universities and mentoring younger students. He currently serves as the ATSNJ President-Elect; he is also a member of the Fun Run Committee, ATs Care Committee, Secondary School Committee, Conference Committee & Golf Committee. Steven previously served as Treasurer & Corporate Sponsorship Chair.

### **Elisa Camillone MS, LAT, ATC Athletic Trainer/Associate Athletic Director Mercer County Community College**

Elisa Camillone is a pioneer for females in athletic training. She was an athletic trainer at Mercer County Community College for 33 years. She graduated from Montclair State University, and from Trenton State College in 1980. She spent time as an Adjunct Professor at MCCC and was inducted into the MCCC Athletic Hall of Fame. Lisa was the first female president of the ATSNJ, spent time on the NATA Women in Athletic Training Committee and the Athletic Training Advisory Committee for the State Board of Medical Examiners, and received the NATA Service Award.

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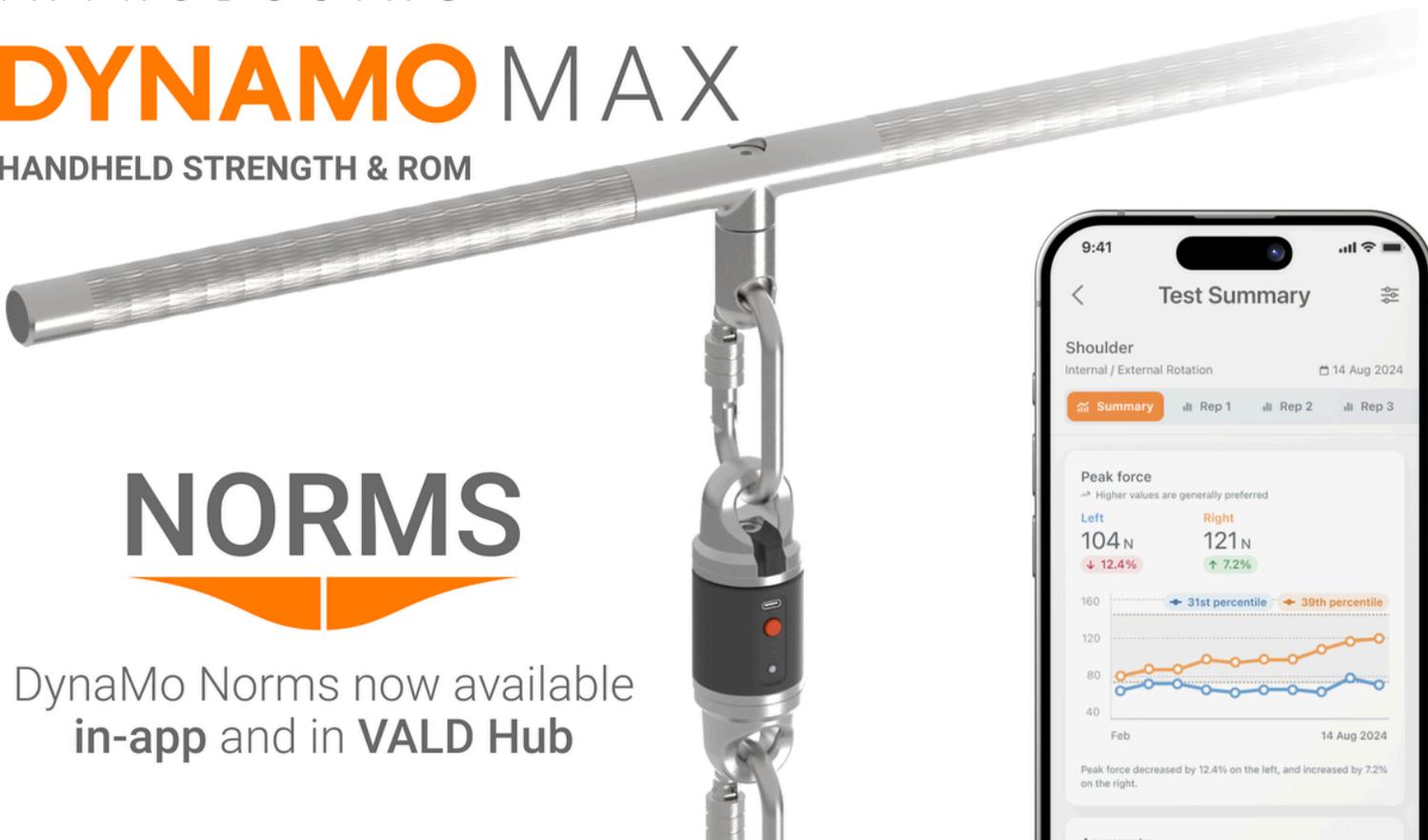
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INTRODUCING

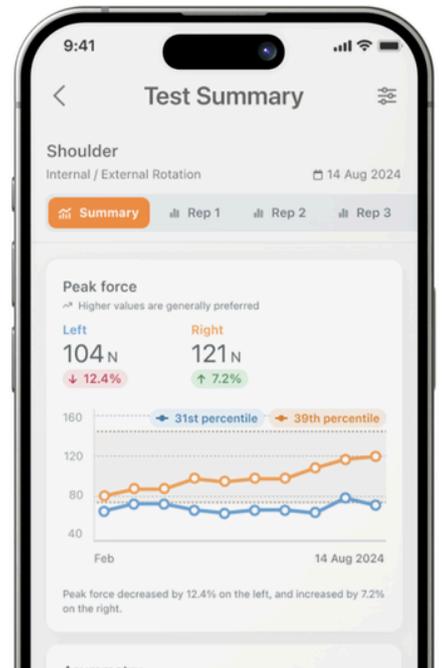
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## **SPEAKER GUIDE**

### **Casey Christy DAT, ATC, CSCS Athletic Trainer Eastern High School**

Casey Christy, DAT, ATC, CSCS has been an athletic trainer at Eastern High School in Voorhees, NJ since 1994, and has served as an adjunct instructor and preceptor for Rowan University athletic training students for many years. Casey has served the Athletic Trainers' Society of NJ, Inc. (ATSNJ) in numerous capacities, including President from 2005-2007. He received the ATSNJ Distinguished Service Award in 2008 and was inducted into the ATSNJ Hall of Fame in 2009. Casey has presented at numerous professional meetings on various topics, from concussions to ACL prevention, and has written the concussion chapter for the Sports Emergency Care (Slack, Inc.) textbook. He received the Adam Taliaferro Foundation Magee Rehabilitation Professional Service Award, and the NATA Service Award in 2017, and the Philadelphia Sports Medicine Congress Ted Quedenfeld Award in 2018. He earned his doctorate in athletic training from Temple University in 2021 with a research focus on injury documentation. Casey received the Educational Services Professional of the Year Award at Eastern High School in 2024.

### **Kenneth T Cieslak DC, ATC, CSCS Athletic Trainer and President ATSNJ Atlantic Health System**

Ken has been in the field of athletic training for over 33 years. He is a 1989 graduate of the Kean college athletic training program and completed his Doctor of Chiropractic degree in 1995. From 1997 through 2022, he served as the athletic trainer at Teaneck High School. He was also a preceptor for the Montclair State University AT program. He has served in several capacities within the ATSNJ, including nominations chair, northern representative, and currently, President. He also serves on the Educationalist Committee of the EATA. He has been fortunate to lecture on a variety of topics, including numerous presentations at national meetings. He is currently enrolled in the Primary Spine Practitioner program, through the University of Pittsburgh School of Health and Rehabilitation Sciences. He is married to his wife of 31 years, Eileen, and has a daughter Erin, who is a physician assistant in orthopedics, and a son, Tim who is an Armor officer in the US Army.



Athletic Trainers' Society of New Jersey

**ATSNJ**

# **39th Annual Conference and Business Meeting**

## **SPEAKER GUIDE**

### **Samantha Corallo Student Sub-Committee Chair William Paterson University**

Samantha Corallo is in her second year of the master's in athletic training program at William Paterson University in Wayne, NJ, where she also completed her bachelor's degree in sports medicine. She was in the honors college at WPU during undergrad and completed her thesis titled "In Your Own Words: A Qualitative Study of student Athlete Mental Health Care Needs at William Paterson University". Samantha is the Conference Sub-Committee Chair for the ATSNJ Student Leadership Committee. Through her clinical experiences as a student, Samantha has spent time with the New York Giants, Army West Point Football, and other colleges and high schools in the New Jersey/New York area. Samantha plans to have a career in football athletic training following graduation this May.

### **David Csillan MS, LAT, ATC Athletic Trainer The Hun School of Princeton**

David Csillan is an athletic trainer at The Hun School of Princeton and has spent 33 years of his career in the secondary school setting. Prior to the Hun, Dave was the athletic trainer at Ewing High School for 29 years. David has also spent time in the clinic setting at Princeton Orthopaedic Associates. He obtained his bachelor's degree in physical education and recreation at The College of New Jersey (then Trenton State College) in 1983, and his master's in athletic training at Old Dominion University in 1986. Dave has held various leadership positions in athletic training, including various positions in NATA and EATA, NATA District 2 Secretary, ATSNJ President, and ATSNJ Secondary Schools Chair. He worked with state legislators to pass the Athletic Training Practice Act and a Heat Participation Policy. He co-chaired the Pre-Season Heat Acclimatization Guidelines for Secondary School Task Force and was a contributing author for the third edition of the National Federation of State High School Association's Sport Medicine Handbook. He won the Perry Weather Athletic Trainer Excellence Award, Gatorade's National Secondary School Athletic Trainer Award, the NATA Distinguished Service Award, is part of Old Dominion College of Health Sciences Top 30 Distinguished Alumni, and is part of the NATA Hall of Fame, the NJSIACA Hall of Fame and Ewing High School Hall of Fame. Currently, he is the mentor for the Athletic Trainers Society of New Jersey Student Leadership Committee.



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## **SPEAKER GUIDE**

### **John Davis MS, LAT, ATC Athletic Trainer Montclair State University**

John Davis was the Head Athletic Trainer at Montclair State University for 35 years prior to his retirement in 2019. He is a graduate of Ursinus College and East Stroudsburg. During his career at MSU John was instrumental in the development of Montclair's NATABOC Educational program. He was also tapped to serve as the Health Center Interim Director (6 months) and Supervisor of the student EMS staff (6 months). He served as the EATA Secretary and President, NATA District 2 Secretary, ATSNJ Northern Rep and President. John has been a long-time member of the ATSNJ Governmental Affairs Committee and was the President when our initial licensure practice act was signed into law. Davis helped in the creation of the NATA District Secretary/Treasurer's Committee. He has served on a variety of ATSNJ, District II, EATA and NATA committees. He was awarded both the NATA Service Award and the Most Distinguished Athletic Trainer's Award, the NATA College/University Committee's Division III Head Athletic Trainer of the Year and was the first recipient of the ECAC Dr. Donald Grover Memorial Award. In 2010 Montclair State named the athletic training facility was named in his honor. He has been inducted into the ATSNJ, EATA '49 Club, NATA, and MSU Halls of Fame. John continues to serve on 3 NATA committees, teach in the MSU Athletic Training program and serves as an NFL AT Concussion Spotter.

### **Stacey DeFrank BSN, RN, CSN Nursing Consultant New Jersey Department of Health**

Stacey DeFrank is a certified school nurse in the state of New Jersey. She is currently serving as the Nursing Consultant on the Daycares, Schools, and Higher Education (DSH) Team for the Communicable Disease Service at the New Jersey Department of Health. Stacey received her BSN from Ashworth College and her CSN from Rowan University. She has worked in the nursing field for 18 years and has experience working with both adults and children.

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## **SPEAKER GUIDE**

### **Gregory Doerr DC, CCSP Certified Chiropractic Sports Physician Functional Soft Tissue**

Dr. Doerr is a Chiropractor from Cliffside Park, NJ. He graduated from Rutgers University with a BS in Biology, and is a graduate from New York Chiropractic College. He is a Certified Chiropractic Sports Physician and has lectured nationally and internationally on topics of Sports Medicine, Rehab, Taping and soft tissue procedures. He is the developer of Functional Taping for MSK Injuries (FTMI), the developer of Functional Soft Tissue (FST), the co-developer of FAKTR, a former instructor for SpiderTech taping, HawkGrips, Graston Technique and the Council on Chiropractic and Extremity Procedures. He has done lectures at the Plymouth Hospital in MA, Women's Hospital in Baton Rouge, Mt. Sinai hospital in NY, US Olympic Training Center in Colorado Springs, Penn State University, University of Colorado and internationally in India at RECOUP Hospital, Colombia at the Central American Sports Medicine Congress, Feevale University in Brazil, Mexico, Salford University in England and at AECC in England. In total, Dr. Doerr has lectured on 6 continents and 38 of the US states over the last 25 years on topics of sports medicine, soft tissue, taping and rehabilitation. Dr. Doerr has worked with sports teams at all levels with high points including the University of Colorado, Penn State, the former Washington Redskins, AVP Pro Volleyball Tour, The Gold Cup International Soccer, US Track and Field Championships, US Masters Indoor Track and Field Championships, and the Central American Games.

### **Betsy Esposito MS, LAT, ATC RYT-200 Exercise Science Lecturer Kean University**

Betsy Esposito is a lecturer at Kean University for the BS in Exercise Science program, as well as their Internship Coordinator. She worked as an athletic trainer in the college setting at Florida Gulf Coast University and Saint Peter's College, for most of her career and then tested out the secondary school, industrial and hospital settings. She worked per diem for many years covering youth and club sports. She graduated from Kean University with a bachelor's in athletic training in 2004 and got her master's in healthcare administration from Florida Gulf Coast University in 2006. She is currently the chair of ATs Care NJ and has spent time as secretary of ATSNJ and on the NATA District 2 Help Network Committee. She also became a registered yoga teacher through Kean University in 2021.



Athletic Trainers' Society of New Jersey

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## **SPEAKER GUIDE**

### **Christopher Flores LAT, ATC Licensed Athletic Trainer Westfield High School**

Chris aka "FLO" author of "Build Your Legacy" is a father, Athletic Trainer, entrepreneur, professor, and personal coach. He has been in the fitness industry for over 20 years. He's driven by a passion and love for working with people and seeing the changes in their lives. Chris attended Kean University for his B.S. in Athletic Training. He was the head Athletic Trainer at Westfield High School in New Jersey for 10 years. He left for 5 and is now back at WHS. He is the owner of a personal training studio called Flo Fitness. Chris is an adjunct professor at Kean University where he teaches strength fitness, personal fitness and animal flow. He is also a Master Instructor for the company Animal Flow and teaches movement-based training for people around the globe. All these jobs and positions helped him learn about people. When he became a father, he pulled from all his life experiences to write the book "Build Your Legacy". It is a guide and blueprint for his children as well as for others to help teach them how to navigate life and build their own legacies.

### **Michael Goldenberg MS, LAT, ATC, CES Athletic Trainer The Lawrenceville School**

Michael Goldenberg is the athletic trainer at The Lawrenceville School, a large private boarding secondary school, and has been for the past 35 years. He was the first certified athletic trainer at his school and built his own EMR. He graduated with a bachelor's degree in athletic training from Plymouth State University in 1984, and with a master's degree in athletic training from the University of Buffalo in 1989. He is also a Courtesy Instructor for the DAT program at Florida International University. Throughout his career, Michael has held multiple leadership positions including being ATSNJ Secretary, Chair of the EATA Technology Committee, NATA District 2 Director and Secretary, and Chair of NATA District Secretaries/Treasurer's Committee. Michael was also on the board of directors for the NATAPAC, and is currently on the NATA Foundation board of directors. In the early 2000's he founded the NATA Webmaster's Advisory Committee. Michael was co-chair of the NATA 'Inter-Association Consensus Statement on Best Practices for Sport Medicine Management for Secondary Schools and Colleges' which helped bring to the forefront that ATs should not be supervised by coaches. Michael was inducted into the NATA, EATA, ATSNJ, and Plymouth State University Hall of Fames.



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## **SPEAKER GUIDE**

### **Steve Grazioli PT, DPT, SCS Physical Therapist The Training Room**

Steve is a local who grew up in Cherry Hill and went through the Cherry Hill public school system. At Cherry Hill East, he played basketball, volleyball, and four years of soccer, which he captained his senior year. Growing up playing multiple sports, Steve picked up several injuries that required various types of rehabilitation, sparking his interest in physical therapy and exercise science. This interest motivated him to take the educational path towards kinesiology and psychology at Rutgers. During this time he worked as a trainer for youth soccer teams, worked for Rutgers Fitness at Easton Avenue gym, and interned at TEST Football Academy. After graduating Rutgers a semester early, he was accepted to Widener's Doctorate of Physical Therapy program, where he continued his education. In graduate school, Steve served on Widener's Pro Bono Clinic board as the Health and Wellness Coordinator where he helped supervise his classmates and treat underserved patients from the Chester community. His involvement with the student board led him to conduct research studies regarding the pro bono clinic and the involvement in his classmates' growth. In his free time, Steve is living and breathing anything soccer and finding time to spend talking or eating with his family and friends.

### **Mark Harrington DO, ATC Sports Medicine and Non-Operative Orthopedic Specialist Ocean Orthopedic Associates**

Mark Harrington, DO, is a specialist in sports medicine. He is board-certified in Family Medicine with a Certificate of Added Qualifications in Sports Medicine. He practices medical sports medicine and non-operative orthopedics full-time. Dr. Harrington's special interests encompass all aspects of sports medicine, among them acute and chronic injuries, sports-related concussion, injury prevention and rehabilitation, osteopathic medicine and sports physicals. Additional interests include musculoskeletal ultrasound-guided procedures and diagnostics, as well as the use of orthobiologics to improve the healing of fractures, injured muscles, tendons and ligaments. He also performs ultrasound-guided percutaneous tenotomy. Prior to attending medical school, Dr. Harrington earned a bachelor's degree in Athletic Training and practiced as a high school and collegiate Athletic Trainer. He went on to earn his Doctor of Osteopathic Medicine degree at A.T. Still – Kirksville College of Osteopathic Medicine in Missouri and completed his Family Medicine Residency at Morristown Medical Center in New Jersey, where he served as Chief Resident. Dr. Harrington completed his Sports Medicine Fellowship (pediatric and adult) at University Hospitals in Cleveland, Ohio. Dr. Harrington spent three years as an assistant team physician for the Cleveland Browns prior to returning to his home state of New Jersey. Currently, he practices full time at Ocean Orthopedic Associates as well as functions as the team physician for Kean University Athletics and is the MLS Venue Medical Director of Red Bull Arena.



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## **SPEAKER GUIDE**

### **Alexander Leto PT, DPT, CSCS Physical Therapist Alliance Orthopedics**

Dr. Alexander Leto, PT, DPT, CSCS is a board-certified physical therapist located at Alliance Orthopedics in Fair Lawn, New Jersey. There, he utilizes individualized exercise programs, guided by detailed objective testing, to service athletes either from acute rehab to return to play, or to help them manage workload to keep them on the field. Further, he utilizes various soft tissue and joint techniques and modalities to decrease symptoms, increase mobility, and accelerate recovery. Prior to working for Alliance Orthopedics, Alex graduated from the University of St. Augustine for Health Sciences with honors and earned his Doctorate in Physical therapy. During his final clinical rotation, Alex treated athletes from the high school to professional level at EXOS in San Diego, California. Before then, he received his Bachelors in Kinesiology at the University of Maryland, College Park, where he was captain of the Men's Track and Field team. During his career as a sprinter, he experienced his fair share of injuries which ignited his passion for sports medicine. In addition to his personal experience as an athlete, Alex also worked as a strength and conditioning coach and intern in the private and collegiate settings before he became a Certified Strength and Conditioning Specialist. He draws upon his education and experiences to relate to his patients and ensure they are receiving the proper treatment they need to return to their desired activity pain and restriction free.

### **K Ellis F Mair EdM, LAT, ATC Co-Founder Go4Ellis**

Ellis earned her BS in athletic training at Penn State University and then obtained her Masters Degree at Boston University in Health Education. She then worked in the secondary school setting as the Head Athletic Trainer Monsignor Bonner High School. Soon after that she worked for NXT sports, a youth sports education and event management company and became the Director of Participant Health and Safety. One year later she founded Go4Ellis. Ellis is not only a visionary entrepreneur but also a passionate advocate for advancing healthcare solutions in the sports medicine arena. With an illustrious background and a commitment to excellence, she has played a pivotal role in reshaping how we approach and facilitate medical coverage for sports events. As the Co-Founder of Go4Ellis, Ellis has been instrumental in developing innovative platforms that connect healthcare professionals with sports event organizers, creating a seamless and efficient process for event medical coverage. Her dedication to improving access to medical care in athletic settings has made a profound impact on the safety and well-being of athletes across various sports. With a keen understanding of the challenges faced by athletic trainers and event organizers, Ellis has demonstrated a unique ability to bridge gaps and bring together the best of both worlds. Her commitment to creating opportunities for athletic trainers, while ensuring the highest standards of care at sports events is truly commendable.



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## **SPEAKER GUIDE**

### **Jaclyn Morrissette PhD, ATC Athletic Training Program Director William Paterson University**

Dr. Jaclyn Morrissette is an Assistant Professor and Program Director of the Athletic Training Program at William Paterson University. She completed her PhD at the University of Kentucky in Exercise Science with a concentration in Biomechanics and an emphasis in Gait Analysis. She also has a Master's degree in Sport and Recreation Management from James Madison University and a Bachelor's degree in Athletic Training from the University of Connecticut. In her free time she enjoys running and traveling with her husband, Dustin.

### **Amy Nichols MS, CHES Health Educator New Jersey Department of Health**

Amy Nichols is a health educator on the DSH Team. Amy has a background in Health Behavior Science and Health Promotion. She has previous experience working in healthcare administration, patient care, and health education. Amy received her master's degree in health promotion from the University of Delaware.

### **Kip Patterson ATC, ATL, CSCS Certified Athletic Trainer/ Certified Strength and Conditioning Specialist Shawnee High School**

Kip Patterson ATC/L, CSCS has over 30 years of experience working as a Certified Athletic Trainer and Certified Strength and Conditioning Specialists. He has been the Head Athletic Trainer at Shawnee High School since 1996 where he manages injury care and rehabilitation to one of South Jersey's leading sports programs. He is member of the NJ Burlington County Athletic Trainers Society and has served as the Vice President and President. In 2017 he was honored with the ATSNJ President's Award for Outstanding Athletic Training Leadership in Burlington County. He was awarded the 2016-2017 Education Services Professional Award. In 2016 he represented the NATA and New Jersey as they met with Senators and Congressmen in Washington D.C. concerning national bills for sport safety and interstate practice as an Athletic Trainer. In 2019 he presented The Need for Dynamic Stability and Coordinated Movement in Sport Development at the NJ State Strength and Conditioning Conference. In 2023 he presented the "JEPster" Taping Technique for the Treatment of Medial Posterior Tibial Stress Syndrome at the ATSNJ State Conference. He is the advisor for the Shawnee High School Renegade Fishing Club. When he is not covering sporting events, treating injuries or taping ankles, you can probably find him on the water with a bent fishing pole catching bass, fluke and stripers.



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## **SPEAKER GUIDE**

### **Erin Pletcher PhD, LAT, ATC, CSCS**

#### **Associate Professor, Department of Exercise Science**

#### **Thomas Jefferson University**

Erin Pletcher, PhD, LAT, ATC, CSCS is an associate professor in the Department of Exercise Science at Thomas Jefferson University. She holds a PhD in Rehabilitation Science from the University of Pittsburgh, Master of Science in Sports and Recreation Administration from James Madison University and a Bachelor of Science from the University of Pittsburgh. Dr. Pletcher is a certified and licensed Athletic Trainer, Certified Strength and Conditioning Specialist and is a CPR/First Aid Instructor. Dr. Pletcher has clinical experience as a head athletic trainer and strength and conditioning coach. In these combined roles, she was responsible for injury prevention, rehabilitation, and performance optimization of student-athletes. She has a particular interest in the effects of training load on youth through collegiate athletes.

### **Aiden Prybicien**

#### **Student Athlete**

#### **St. Mary High School**

Aiden Prybicien is a 16-year-old high school junior student-athlete at St Mary High School in Rutherford, NJ. He is a high honor roll student, an interscholastic athlete in cross country, a member of the drama club and a Breakthrough T1D Youth Ambassador. He enjoys playing video games, acting, caring for the family cats Mickey and Ivy, and hanging out with friends. He has a sister named Abigail. He has worked with his dad, Michael an athletic trainer, to do numerous presentations and workshops on Managing Diabetes in the Athletic Population for the athletic training education programs of Rowan University, William Paterson University and Montclair State University. Aiden plans to attend college in the Fall of 2026 and double majoring in Television and Film Production and Theatre and Arts.



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## **SPEAKER GUIDE**

### **Michael Prybicien MA, LAT, ATC, CES, PES Athletic Trainer and ATSNJ Hall of Fame Member Passaic High School**

Michael Prybicien is an athletic trainer at Passaic High School, an athletic training adjunct faculty member at William Paterson University, clinical preceptor and NFL Athletic Trainer Concussion Spotter. He is the President of Sport Safety International, a sport safety online education company, responsible for the education of parents, coaches, athletes, and health care providers on a variety of topics to promote “Play Safely”. Michael is a 1993 bachelor’s graduate of the Pennsylvania State University and a 1997 master’s graduate of Kent State University. Michael is a recipient of the NATA’s Distinguished Service and Service Award as well as the ATSNJ’s Distinguished Service and Service Awards. Additionally, he has been inducted into the ATSNJ’s Hall of Fame and the New Jersey State Coaches’ Association Hall of Fame. Michael currently serves on the NATA’s Secondary School Committee, the NATA’s Association District 2 and ATSNJ’s ATCares committee, the Hackensack University Medical Center, Diabetes Molly Center, Consumer Advisory Committee and the University of South Florida Educational Initiative on Sickle Cell Trait for the Athletic Population Advisory Board Member. Michael has published online education courses, book chapters, abstract articles and journal articles specializing in his areas of expertise.

### **J. Timothy Sensor LAT, AT-Ret Athletic Trainer Safe Sports Training Consultants, LLC**

Tim Sensor served as the Chief Athletic Trainer for 30 years at Kean University and strengthened and improved athletic training services. Prior to Kean University, Tim worked at Ramapo College of New Jersey, where he developed their athletic training services. He worked for Team USA Handball and was the Area Medical Coordinator for the Special Olympics. He is a partner for Safe Sports Training Consultants, LLC. He continues to serve as the co-chair and member of the Athletic Training Advisory Committee to the New Jersey Board of Medical Examiners. Tim graduated from Ramapo College in 1977. Some of Tim’s service to the profession include, but is not limited to, being the chair of the NJAC Athletic Trainers, serving as ATSNJ president, NATA District 2 Treasurer and EATA Treasurer. He was also Chair of the NATA Secretary/Treasurers Committee. Among Tim’s many accolades, he received the NATA Most Distinguished Athletic Trainer Award, the ATSNJ Distinguished Service Award, and was inducted into both Ramapo College and Kean University Hall of Fames. He is an ATSNJ Hall of Fame member and the EATA Hall of Fame (49’ Club).



Athletic Trainers' Society of New Jersey

**ATSNJ**

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## **SPEAKER GUIDE**

### **Luis Torres DHSc, LAT, ATC Assistant Professor of Kinesiology Montclair State University**

Luis Torres has created a career as an athletic trainer and professor of athletic training. He has been a professor at Montclair State University, New Jersey City University and East Stroudsburg University. He also has spent his time working with the Hospital of Special Surgery working as a Sports Safety Program Educator. He also has spent time as a per diem and outreach athletic trainer. He has various publications highlighting his research across many scopes of athletic training.



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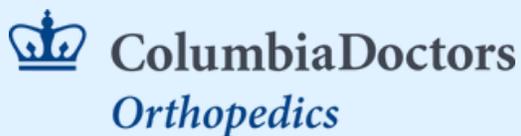
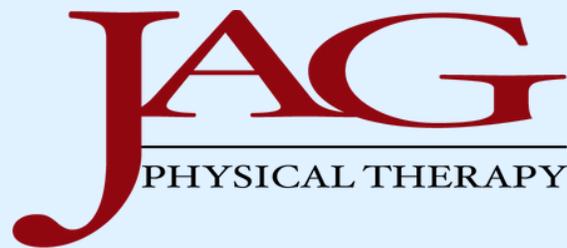
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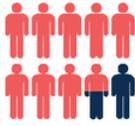
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1) Stuhlman C, et al. Orthopedics 2016,39(6):e1028-e1035. 2) Data on file. Individual results may vary. Tenex Health is the manufacturer of the Tenex Health TX® System. MKT-411-002 Rev A.



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