



**ATSNJ**  
*Athletic Trainers' Society of New Jersey*

# **38th Annual Conference and Business Meeting**

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**MARCH 3-4, 2024  
ATLANTIC CITY, NJ**

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ATHLETIC TRAINING

A male golfer is captured in the middle of a golf swing on a lush green golf course. He is wearing a white polo shirt, light-colored trousers, a white cap, and white gloves. The background shows a clear blue sky and a distant horizon with rolling hills.

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## 38th Annual Conference and Business Meeting

### VICTOR D. RECINE HIGH SCHOOL SCHOLARSHIP



Victor "Vito" Recine was considered by many of his colleagues to be a pioneer in the field of Athletic Training and in establishing the importance of Athletic Trainers in high schools in New Jersey. His career covered over 40 years of service to athletes of New Brunswick and Sayreville High School, as well as Rutgers University. Mr. Recine served the NJSIAA as Head Athletic Trainer for all championship events, was past president of the EATA, and an original member of the National Athletic Trainers Association. He entered the NATA Hall of Fame in 1978. He also participated in U.S Olympic Festival and Pan American Games as an athletic trainer. Very important to Athletic Trainers in New Jersey, he was a driving force instrumental in the registration of Athletic Trainers and founding of the Athletic Trainers' Society of New Jersey. Vito was loved and respected by friends, colleagues and athletes, and dedicated his life to sports, athletic competition and serving young people. He was a true champion and friend to all who knew him.

**The recipient of the 2024 Victor D. Recine Memorial High School Scholarship is Ava Parziale from Roxbury High School.**

Ava Parziale is the 2024 Vito Recine Scholarship winner. The scholarship, named in honor of the long-time New Jersey Athletic Trainer and State Practice Act developer, is awarded to a worthy high school senior. In addition to her contributions to athletic training, Ava has been a competitive gymnast for ten years, representing New Jersey at the 2023 Nationals.





# 38th Annual Conference and Business Meeting

## JACK WEAKLEY DISTRICT II SCHOLARSHIP



As the Director of the Sports Medicine Group for Johnson and Johnson Consumer Products Company, Jack Weakley has continuously played a major role in the NATA, the profession of athletic training and the evolution of the Athletic Trainer's Society of New Jersey. He has been instrumental in providing leadership, guidance and his support of our organization has been invaluable. The Jack Weakley District 2 Scholarship is named for an individual who is a champion of Athletic Training on a national level, and a true friend to Athletic Trainers in the state of New Jersey and honors award recipients who share Jack's motto, "Helping those who help others."

**The recipient of the 2024 Jack Weakley District II College Scholarship is Jordan Heckler from Rowan University.**

Rowan University's Jordyn Hecker is the 2024 Jack Weakley Scholarship winner. The award, named in honor of the legendary leader and contributor to the athletic training community, is awarded to a deserving student enrolled in one of New Jersey's CAATE programs. Jordyn, a Williamstown, New Jersey resident, also received the 2024 EATA Rachael Oates Memorial Scholarship Award. She currently serves as the chairperson of the ATSNJ Student Leadership Committee.





# 38th Annual Conference and Business Meeting

## RICHARD F. MALACREA COLLEGE SCHOLARSHIP



A respected member of the NATA for 27 years, "Dick" Malacrea's accomplishments have been extensive since achieving his Certificate of Physical Therapy in 1957. Hard work and sacrifice became a way of life for Dick after serving in the U.S. Army as Scout upon his graduation from West Chester State College in 1954. He then continued on with his career to become a Staff Athletic Trainer. In 1968, Dick made his final career move to Princeton University as Head Athletic Trainer. Richard F. Malacrea is a charter member of the ATSNJ, Inc. Hall of Fame. He was a founding father of the ATSNJ and one of the original authors of the New Jersey Athletic Training Practice Act in 1984. Through this society, Dick was appointed by NJ Governor Tom Kean to be Chairman of the Legislative Committee of Advisors to the Board of Medical Examiners. Malacrea was the NATA Vice President, EATA President and NATA District Two Director, as well as Chairperson of the Athletic Training Advisory Committee. He was a recipient of the "Pinky" Newell Award: ATSNJ, Inc. Distinguished Service Award and the Cramer Award. Malacrea was selected to the NATA Hall of Fame in 1992. Dick has always worked to help others achieve and to create the high standards of athletic trainers today.

**The recipient of the 2024  
Richard F. Malacrea College Scholarship  
is Samantha Corallo from  
William Paterson University.**

The 2024 Richard Malacrea Scholarship winner is Samantha Corallo of William Paterson University. This award, named in honor of the National Athletic Trainers' Association Hall of Famer and founding member of the Athletic Trainers' Society of New Jersey, Inc., is presented to an athletic training student demonstrating superior academic achievement and involvement. Samantha resides in Fairlawn, New Jersey, and serves on the ATSNJ Student Leadership Committee and NATA District 2 Ambassador.





## 38th Annual Conference and Business Meeting

### DR. TIMOTHY HOSEA TEAM PHYSICIAN AWARD



Dr. Hosea was a graduate of Harvard University and the University of Cincinnati College of Medicine. He did his internship at Peter Brent Brigham Hospital, completed his residency at the Harvard Combined Orthopaedic Program at Massachusetts General Hospital and achieved a fellowship in sport medicine at the Brigham and Women's Hospital. As a partner at University Orthopaedic Associates, where he practiced for over 30 years, he was a pillar of professionalism and patient care. In addition, he was the orthopaedic consultant and team physician for Rutgers University football. He also served as the team physician for the USRowing national team at 12 world rowing championships and many Olympic Games. As a physician, he was a skilled healer. However, many colleagues testify that his true skill was relating to and dealing with athletes and patients on a personal level. Dr. Hosea was the utmost caring, compassionate person.

**The recipient of the 2024 Dr. Timothy Hosea  
Team Physician Award is  
Dr. Stephen Rice.**

The winner of the Athletic Trainers' Society of New Jersey, Inc. 2024 Dr. Timothy Hosea Team Physician Award is Stephen G. Rice, M.D., Ph.D., M.P.H., FACSM, FAAP. A 1967 graduate of Columbia University, Dr. Rice obtained his medical degree and Ph.D. at New York University. An advocate for athletic trainers in the State of New Jersey, Dr. Rice has served on several local, regional, and national committees, receiving numerous awards. He is an attending physician at The Jersey Shore Medical Center and Director of the Jersey Shore Concussion Center.





## 38th Annual Conference and Business Meeting

### PHILLIP HOSSLER LOYALTY AND COMMITMENT AWARD



Phil Hossler served the ATSNJ over a span of three decades. He was the first ATSNJ Secretary/Treasurer (1977-1980) and was the only two-time ATSNJ President (1983-1984, 1997-1998). Phil's inventive mind not only improved his own work environment but enhanced secondary school athletic training across the state. He was also the driving force behind the Department of Education certificate for athletic trainers. Phil was well known for his kind nature and willingness to help those in need. If you were a secondary school AT and needed advice, you would call Mr. High School, Phil Hossler. Phil received many accolades, including the ATSNJ Distinguished Service Award and was inducted into the ATSNJ, NJSCA, NJSIAA & NATA Halls of Fame.

### The recipient of the 2024 Phillip Hossler Loyalty & Commitment Award is Carl Lange, DAT, LAT, ATC.

The winner of the Athletic Trainers' Society of New Jersey, Inc. 2024 Dr. Timothy Hosea Team Physician Award is Stephen G. Rice, M.D., Ph.D., M.P.H., FACSM, FAAP. A 1967 graduate of Columbia University, Dr. Rice obtained his medical degree and Ph.D. at New York University. An advocate for athletic trainers in the State of New Jersey, Dr. Rice has served on several local, regional, and national committees, receiving numerous awards. He is an attending physician at The Jersey Shore Medical Center and Director of the Jersey Shore Concussion Center.





**ATSNJ**  
Athletic Trainers' Society of New Jersey

## 38th Annual Conference and Business Meeting

### PRESIDENTIAL AWARD



**The recipient of the 2024 Presidential Award  
is Ronnie P. Barnes, MS, ATC.**

The 1975 graduate of East Carolina University and 1999 National Athletic Trainers' Association Hall of Fame Inductee has tirelessly advocated for athletic trainers in New Jersey and nationally. The four-time Super Bowl Champion serves as the head athletic trainer and senior vice president of medical services for the New York Giants of The National Football League. He has been with the organization since 1976.



## 38th Annual Conference and Business Meeting

### HALL OF FAME



**The recipient of the 2024 Hall of Fame Award  
is Eric Schwartz, DAT, LAT, ATC.**

Eric Schwartz, DAT, LAT, ATC, is the 2024 Athletic Trainers' Society of New Jersey Hall of Fame Inductee. Dr. Schwartz obtained his bachelor's degree from East Stroudsburg University in 1998 and his doctorate from Moravian University. A long-time leader in New Jersey's athletic training community, he has been the athletic trainer at Washington Township High School (Gloucester County) since 2011. In addition to other positions, he serves as The National Athletic Trainers' Association District 2 Secretary.

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Athletic Trainers' Society of New Jersey

# ATSNJ

## 38th Annual Conference and Business Meeting

### CELEBRATING EXCELLENCE

**VICTOR D. RECINE**  
**MEMORIAL HIGH**  
**SCHOOL SCHOLARSHIP**

1988 - Nicole Figard  
1989 - Greta Janssch  
1990 - Frank Merck  
1991 - Jennifer Becker  
1992 - Eric Reinhold  
1993 - Christine Flynn  
1994 - Jennifer Scull  
1995 - Danielle Graziani  
1996 - Carla Chianese  
1997 - Melissa Whitman  
1998 - James Maison  
1999 - Kelli Ann Williams  
2000 - Kathryn Elbert  
2001 - Amanda Mackel  
2003 - Lauryn Herchakowski  
2004 - Dana Winkler  
2005 - Carrie Ann Georgiadis  
2006 - Michelle Benn  
2007 - Carolyn Bogdon  
2008 - Jessica Anderson  
2009 - Melissa Walker  
2010 - John Merris  
2011 - Lindsey Davis  
2012 - Stacy Blickman  
2013 - Devin P. Dromgoole  
2014 - Caitlin Brinkman  
2016 - Katherine Godfrey  
2016 - Andrew Gansas  
2017 - LaNiece Brown  
2018 - Michelle Freitas  
2019 - KyAsia Mays  
2020 - Chinonye Igwe  
2021 - Bridget Thomas  
2023 - Aileen Forsyth  
2024 - Ava Parziale

**RICHARD F. MALACREA**  
**COLLEGE**  
**SCHOLARSHIP**

1992 - Lawrence Baggitt  
1993 - Joel Destefano  
1994 - Mark Donetz  
1995 - Michele Anton  
1996 - Julie Mac Millan  
1997 - Denise Wujciak  
1998 - Jennifer Long  
1999 - Nicholas Cicarelli  
2000 - Leah Ewing  
2001 - Melissa Whitman  
2002 - Steven Viana  
2003 - Joseph Savoia  
2004 - Miyuki Hattori  
2005 - Gregory Keith  
2006 - Ryan Kardos  
2007 - Dana Winkler  
2008 - Amy O' Connor  
2009 - Colleen M. Rackett  
2010 - Jessica Schoenstein  
2011 - Justin Maher  
2012 - Sara Cline  
2013 - Stephen Dipple  
2014 - Chelsea Davis  
2015 - Megan Teller  
2016 - Haley Anderson  
2017 - Nicole Pietrapertosa  
2018 - Mary-Grace Testa  
2019 - Juliana Romero  
2020 - Nicole Thompson  
2021 - Patrick McClain  
2022 - Alicia Mitchell  
2023 - Tayler Garron  
2024 - Samantha Corallo

**JACK WEAKLEY**  
**DISTRICT II COLLEGE**  
**SCHOLARSHIP**

2001 - Keir Howland  
2002 - Jessica Springstead  
2003 - Stacy Gaven  
2004 - Vincent Leavey  
2005 - Ryan Kardos  
2006 - Meaghan Conti  
2007 - Sergiusz Monasterski  
2008 - Dana Winkler  
2009 - Matthew E. Brackney  
2010 - Victoria Stanislawski  
2011 - Nicole Morelli  
2012 - Michael Boisselle  
2013 - Steven Barandica  
2014 - Joseph Vogler  
2015 - Andrew Calore  
2016 - Sara Garn  
2017 - Kelsey Harkin  
2018 - Madalyn DiBona  
2019 - Morgan Duncan  
2020 - Sarah Unger  
2021 - Sarah Myers  
2022 - Jenna Daily  
2023 - Brooke Sachau  
2024 - Jordyn Hecker



Athletic Trainers' Society of New Jersey

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## CELEBRATING EXCELLENCE

### ATSNJ PRESIDENTIAL AWARD

1996 - Jack Weakley  
 1997 - Honorable John Lynch  
 1997 - Honorable Robert Martin  
 1998 - Timothy Hosea, MD  
 1999 - Capital Public Affairs, Inc  
 2000 - Ernest J. Finizio, Jr.  
 2001 - Mary Lou Mattolla KZG  
 2002 - Senator John H. Adler  
 2002 - Assemb. J. Wisniewski  
 2003 - Richard Levandowski, MD  
 2004 - Harry Bade, MD Mitch Handler,  
 Ernie Nelson  
 2005 - David H. Brogan  
 2006 - POA, Bill Hyncik  
 2007 - Cherie Gillen, CPA, Inc  
 2008 - Senator Raymond J. Lesniak  
 2008 - Assemb. Wilfredo Caraballo  
 2008 - Adam Kaufman, Eric Orlando  
 2009 - John J. Sonzogni Jr., MD  
 2010 - Assembly Patrick J. Diegnan,  
 2012 - Alan Myers, Fran Raggazino  
 2013 - Bill Hyncik, Bill Reger, MJ Rogers  
 2014 - Lisa Quadrini  
 2015 - John Galluci, Jr.  
 2017 - Burlington County ATC's  
 2018 - Andrew J. Smith  
 2019 - Senator Patrick J Diegnan  
 2020 - Mark Bramble  
 2022 - Antonio Estevez  
 2024 - Ronnie Barnes

### ATSNJ DISTINGUISHED SERVICE AWARD

1988 - Jeff Middleton  
 1989 - Phillip Hossler  
 1990 - Richard F. Malacrea  
 1991 - William Battershall  
 1992 - Joseph J. Camillone  
 1993 - J. Timothy Sensor  
 1995 - Donald Kessler  
 1998 - Chuck Whedon  
 2001 - Michael Goldenberg  
 2003 - Stephen E. Bair  
 2003 - Elisa Camillone  
 2003 - David Csillan  
 2003 - Karen Manista  
 2003 - Jeffrey Ryan  
 2004 - John Davis  
 2005 - Mark Cherwony  
 2006 - Debrah Morante  
 2007 - Tanya Dargusch  
 2007 - Eric Nussbaum  
 2008 - Casey Christy  
 2009 - Joanne Ploch  
 2009 - Robb Rehberg  
 2010 - Mark Bramble  
 2010 - William VonLeer  
 2011 - David Middlemas  
 2011 - Michael Prybicien  
 2014 - Christina Emrich  
 2018 - Eric Schwartz  
 2020- Cali Whedon  
 2022 - Kevin Briles  
 2023 - Jessica Springstead

### ATSNJ HALL OF FAME

1997 - Joseph J. Camillone  
 1997 - Phillip Hossler  
 1997 - Richard F. Malacrea  
 1997 - Victor D. Recine  
 1998 - William Battershall  
 1998 - Donald Kessler  
 1998 - J. Timothy Sensor  
 2003 - Chuck Whedon  
 2004 - Stephen E. Bair  
 2005 - Michael Goldenberg  
 2006 - John Davis  
 2007 - Karen Manista  
 2008 - David Csillan  
 2009 - Mark Cherwony  
 2009 - Casey Christy  
 2011 - Robb Rehberg  
 2012 - Elisa Camillone  
 2013 - Michael Prybicien  
 2013 - Tanya Dargusch  
 2017 - David Middlemas  
 2017 - Eric Nussbaum  
 2020 - Christina Emrich  
 2021 - Mark Bramble  
 2022 - William von Leer  
 2024 - Eric Schwartz



Athletic Trainers' Society of New Jersey

**ATSNJ**

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## CELEBRATING EXCELLENCE

### PHILLIP HOSSLER LOYALTY AND COMMITMENT AWARD

2018 - Suzanne Barba  
2019 - Karen Karosy  
2019 - Leeann Pearce  
2022 - Joseph Friedrich  
2024 - Carl Lange

### ATSNJ AWARD OF MEDIA EXCELLENCE

2003 - Wayne Richardson  
2004 - Tom McGurk  
2005 - Carol Sakowitz  
2006 - Christopher T Edwards  
2009 - Jim Salisbury  
2011 - Jackie Friedman  
2013 - David Biggy, Asbury  
Park Press  
2019 - Greg Tufaro  
2023 - Jerry Carino

### DR. TIMOTHY M. HOSEA TEAM PHYSICIAN AWARD

2016 - Richard Levandowski, MD  
2017 - Vincent K. McInerney, MD  
2018 - Charles A. Gatt, Jr., MD  
2019 - John P. Kripsak, DO  
2020 - Scott A. Rodeo, MD  
2024 - Stephen Rice, MD

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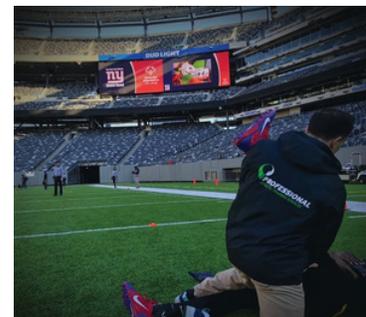


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9:30 AM - 6:00 PM	<b>Registration</b> Hallway
9:45 AM - 11:45 AM	<b>Casting Workshop   James Stavitz</b> Bosa Nova
11:55 AM - 12:00 PM	<b>Welcome   Kenneth Cieslak</b> Lecture Hall - Castanet
12:00 PM - 1:00 PM	<b>The ACL Prevention Missing Link: Reducing ACL Injuries by Expanding the Prevention Paradigm</b> <i>Veronica Dilzer</i> Lecture Hall - Castanet
1:00 PM - 2:30 PM	<b>ATSNJ Annual Business Meeting   Steve Barandica • Kenneth Cieslak</b> Lecture Hall - Castanet
1:00 PM - 6:00 PM	<b>Exhibit Hall Open</b> Hallway
2:30 PM - 3:00 PM	<b>Exhibitors Break</b> Hallway
	<b>Evolution of Vestibular Ocular Motor Screen (VOMS): Implications for Athletic Training Clinical Practice</b> <i>Luis Torres • August M Price</i> Lecture Hall - Castanet
3:00 PM - 4:00 PM	<b>The Benefits of Quadrapedal Movement Training (QMT) for Rehabilitation</b> <i>Christopher Flores</i> Bosa Nova
	<b>RHCP High Ankle Taping Technique</b> <i>Kip Patterson</i> Mambo
4:00 PM - 5:00 PM	<b>Mental Health Screening in Student Athletes: Implementation into Clinical Practice</b> <i>Lindsey Keenan</i> Lecture Hall - Castanet
	<b>Building Your Brand as an AT</b> <i>Jaclyn Morrissette</i> Mambo
5:00 PM - 6:00 PM	<b>Non-Operative Management of High Ankle Sprains: A 20+ Year Follow-up Study</b> <i>Eric Nussbaum</i> Lecture Hall - Castanet
	<b>Traditional Chinese Medicine for the Athletic Trainer</b> <i>Pete Koeniges</i> Mambo
6:00 PM - 6:05 PM	<b>Adjourn</b> Lecture Hall - Castanet
6:00 PM - 6:30 PM	<b>Emerging Settings in the Athletic Training Profession: A Panel Discussion</b> <i>Michael Prybicien • Robb Rehberg • Sasha Bonilla • Danielle Palestina</i> Mambo
6:30 PM - 7:00 PM	<b>Exhibitor Break/ Student Poster Presentation</b> Hallway
7:00 PM - 8:00 PM	<b>Student Quiz Bowl</b> Mambo
8:00 PM - 8:05 PM	<b>Adjourn</b> Mambo

# Monday, March 4<sup>th</sup>

7:30 AM - Registration  
1:30 PM Hallway

7:30 AM - Exhibit Hall Open  
2:30 PM Hallway

7:55 AM - Welcome | *Kenneth Cieslak*  
8:00 AM Lecture Hall - Castanet

8:00 AM - Hand & Wrist Injuries in the Student-Athlete, Simplified  
9:00 AM *Peter DeNoble • Alejandro Morales-Restrepo*  
Lecture Hall - Castanet

9:00 AM - Exhibitor Break  
9:30 AM Hallway

9:30 AM - Clinical Perspectives in Concussion Management- Updates  
10:30 AM *Thomas Bottiglieri*  
Lecture Hall - Castanet

Alternative Options for Increasing Range of Motion in Athletes Beyond Stretching  
*Danielle Damelio*  
Bosa Nova

10:30 AM - Annual Awards Brunch | *Kenneth Cieslak*  
12:00 PM Mambo

12:00 PM - Exhibitor Break  
12:30 PM Hallway

12:30 PM - Industrial Athletic Training: Understanding an Emerging Setting  
1:30 PM *Allan Parsells • Sara Rodriguez*  
Lecture Hall - Castanet

1:30 PM - Time of Day and Athletic Performance: Does it Matter?  
2:30 PM *Drue Stapleton*  
Lecture Hall - Castanet

2:30 PM - Closing Remarks | *Kenneth Cieslak*  
2:35 PM Lecture Hall - Castanet

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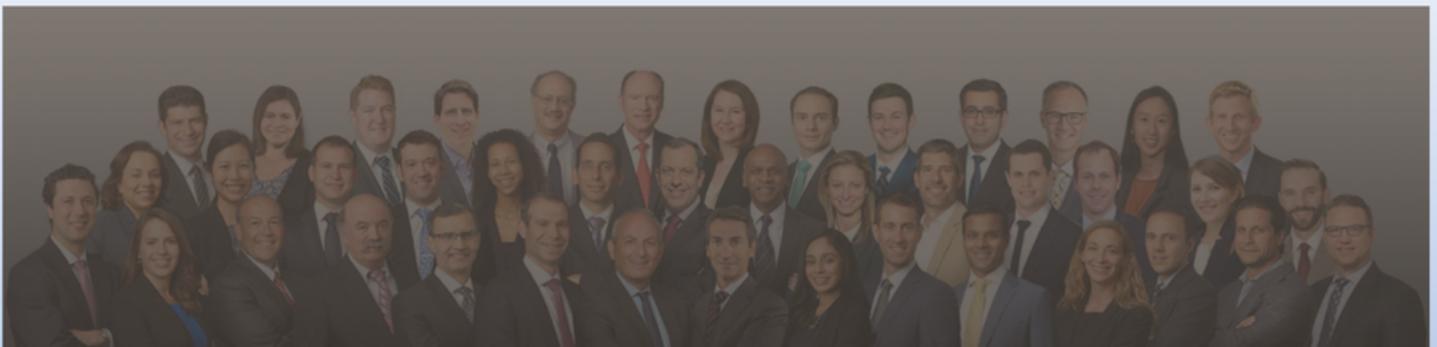
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Athletic Trainers' Society of New Jersey

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## SPEAKER GUIDE

### **Dr. Lindsey Keenan** **PATS Cross-Over Speaker**

We are excited to continue our partnership with the Pennsylvania Athletic Trainers' Society where we exchange speakers for our respective Conference & Business Meetings. This year we will have Dr. Keenan as our speaker. Dr. Keenan is an expert in Mental Health and has given many impactful talks surrounding the topic of Mental Health in Athletes. We believe Dr. Keenan's content and expertise are a great addition to our educational program and honored that she would accept the invitation to present at our conference.

### **Steve Barandica M.ED., ATC, LAT** **ATSNJ President-Elect** **Monroe Township High School**

Steven joined Monroe Township High School as the Director of Athletics & Co-Curricular Programs in July of 2023. Steven graduated Kean University in 2013 where he received a Bachelor's of Science degree in Athletic Training and a minor in Health Education. He also received a Masters of Education degree in Higher Education Administration with a Sports Management Concentration from Auburn University in 2015. Steven has had the opportunity to work in several different settings. He interned for the Washington Commanders, worked with Division I Football, Tennis & Cheerleading and was also a Physician Extender for Auburn University Athletics as a graduate assistant. He previously served as the Head Athletic Trainer at Woodbridge High School for two years and Westfield High School for 6 years before becoming an athletic director. Steven has a passion for giving back to the community and the field of athletic training through involvement with ATSNJ, serving as preceptor for multiple universities and mentoring younger students. He currently serves as the ATSNJ President-Elect; he is also a member of the Fun Run Committee, ATs Care Committee, Secondary School Committee, Conference Committee & Golf Committee. Steven previously served as Treasurer & Corporate Sponsorship Chair.

### **Sasha Bonilla ATC, CEAS III** **Athletic Trainer and Division Manager** **Pivot Onsite Innovations**

Sasha Bonilla is an industrial Athletic Trainer and Division Manager with Pivot Onsite Innovations and has served the Food Manufacturing industry for the past 8 years. Sasha obtained her Bachelor's degree in Athletic Training from Montclair State University and holds the Certified Ergonomics Assessment Specialist III credentials.



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## SPEAKER GUIDE

### **Dr. Thomas Bottiglieri DO** **Chief, Sports Medicine Physicians** **Columbia Orthopedics**

Thomas S. Bottiglieri, DO, Chief of Sports Medicine Physicians At Columbia Orthopedics, specializes in the management of sports-related and orthopedic injuries and disorders. In addition to treating muscle, bone, tendon, and joint injuries, Dr. Bottiglieri is a nationally recognized expert in the field of concussion care. His practice stresses shared decision-making with patients and their families and uses the latest medical technology, evidence-based sports medicine, and a compassionate, patient-centered approach. As a former competitive athlete who sustained a career-ending injury, Dr. Bottiglieri has a personal connection with athletes. His practice stresses proper prevention and management strategies, recognition and early treatment for best outcomes, and psychological support to minimize not only the physical, but also the emotional toll of athletic injuries. Dr. Bottiglieri has been invited to regional and national medical conferences for his expertise in the diagnosis and management of concussions, athlete and professional wellbeing, as well as the use of biologics in sport medicine. His ongoing research includes a concussion registry, work on the autonomic nervous system in athletic injury, rehabilitation of post-concussion syndrome, and stress response in relation to performance. In addition to his academic and clinical work, Dr. Bottiglieri is the Head Medical Team Physician for Columbia University Athletics, New Jersey Hitmen, Belleville, Emerson, Elmwood Park, Ridgefield, and Tottenville high schools. Athletics have been a vehicle to lifelong exercise and health personally, and he believes in supporting development through healthy competition. He also serves as the Director of Wellbeing for the Department of Orthopedics at Columbia. Dr. Bottiglieri is aware of the high demands and stressors on professionals. His approach to the overall mental and physical health of athletes transcends sport and applies to his work in optimizing performance while balancing stress at work. A healthy work-life balance, attention to mental health, and improving group dynamics and organizational culture for a supportive and thriving work environment are priorities in this domain. Dr. Bottiglieri lives in Staten Island with his wife and four children. A strong believer in exercise as medicine, he maintains an active lifestyle through martial arts, yoga, and exercise with his family.



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## SPEAKER GUIDE

### **Kenneth Ciesklak DC, LAT, ATC, CSCS Athletic Trainer and President ATSNJ Garden State Therapy Group**

Ken has been in the field of athletic training for over 33 years. He is a 1989 graduate of the Kean college athletic training program, and completed his Doctor of Chiropractic degree in 1995. From 1997 through 2022, he served as the athletic trainer at Teaneck High School. He was also a preceptor for the Montclair State University AT program. He has served in several capacities within the ATSNJ, including nominations chair, northern representative, and currently, President. He also serves on the Educationalist Committee of the EATA. He has been fortunate to lecture on a variety of topics, including numerous presentations at national meetings. He is currently enrolled in the Primary Spine Practitioner program, through the University of Pittsburgh School of Health and Rehabilitation Sciences. He is married to his wife of 31 years, Eileen, and has a daughter Erin, who is a physician assistant in orthopedics, and a son, Tim who is an Armor officer in the US Army.

### **Danielle Damelio DC Chiropractor Functional Performance Institute**

I am a Chiropractor with a brick and mortar business in Fanwood, NJ. I have been in practice for 21 years. My niche and main focus has always been in sports medicine working with athletes to help them return to sport quickly and with a lessened chance of reinjury. We have developed and built a interdisciplinary approach to our care by helping several local towns assist their athletes with injuries who need manual therapy and exercise rehabilitation on a solely one on one setting as well as doing recovery sessions for teams. We often are co-treating within the traditional medical model with the athletic trainer, orthopedist and/or nonsurgical sports medicine MD. My specialty is being able to not only address the injury but also to take the time to try to find the underlying root causes to the injury through the rest of the biomedical chain, including analyzing gait mechanics to help prevent reinjury. Due to this focus I have developed a reputation as the last resort provider to help solve long standing injuries that have not responded to other types of treatment and/or surgery. I have been fortunate to be the team chiropractor and/or work with sports teams and athletes on the professional, college and high school level through my career.



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## SPEAKER GUIDE

### **Peter DeNoble MD, FAAOS** **Co-Founder and CEO** **Modern Orthopaedics of NJ**

Double Board-Certified Orthopaedic Surgeon and Hand Surgeon Shoulder-To-Hand Specialist Adult & Pediatric Dr. Peter DeNoble is board certified by the American Board of Orthopaedic Surgery (ABOS) and has added subspecialty qualification in surgery of the hand. He is the co-founder and CEO of Modern Orthopaedics of New Jersey and is a member of the American Academy of Orthopaedic Surgery and the American Society for Surgery of the Hand. He holds an academic title of Assistant Professor at the Hackensack Meridian School of Medicine. He is also the creator and host of the Beyond the Bones Podcast.

### **Veronica Dilzer MS, ATC** **Director of Sports Medicine and Performance** **Lincoln University of PA**

Veronica Dilzer, MS, ATC, translates more than 15 years of experience to provide exceptional continuum of care, practical application of injury prevention, and treatment techniques for 300+ student-athletes as the Director of Sports Medicine and Performance for Lincoln University of Pennsylvania. Leveraging knowledge and experience in Athletic Training, Strength and Conditioning, and as a performance coach and movement specialist to a portfolio of collegiate and elite athletes, Veronica works to introduce new approaches and modalities that directly leads to overall injury prevention and increased effective and efficient return to play pathways when injuries are unavoidable. Veronica has advanced clinical practice training and certifications including but not limited IASTM and Fascial Movement Taping Basics and Performance, Stick Mobility Training System, and Barefoot Training Specialist. She has conducted research on the effects of ankle sprains/CAI as a precursor to athletes' susceptibility to suffer an ACL tear and has been accepted to speak at past national conventions on the following topics: Functional Fascial Lines Assessment and Corrective Techniques and Addressing Sympathetic Overload for Injury Recovery. Veronica holds a Bachelors of Science in Athletic Training from Temple University and a Masters of Science in Sports Management/Intercollegiate Athletic Administration from California University of PA. In addition to her position at Lincoln University, Veronica is the owner of Revolution Fitness in Lambertville, NJ and is currently serving as an athletic trainer in the MLB Draft League.



# 38th Annual Conference and Business Meeting

## SPEAKER GUIDE

### **Christopher Flores ATC Licensed Athletic Trainer Westfield High School**

Chris aka "FLO" author of "Build Your Legacy" is a father, Athletic Trainer, entrepreneur, professor, and personal coach. He has been in the fitness industry for over 20 years. He's driven by a passion and love for working with people and seeing the changes in their lives. Chris attended Kean University for his B.S. in Athletic Training. He was the head Athletic Trainer at Westfield High School in New Jersey for 10 years. He left for 5 and is now back at WHS. He is the owner of a personal training studio called Flo Fitness. Chris is an adjunct professor at Kean University where he teaches strength fitness, personal fitness and animal flow. He is also a Master Instructor for the company Animal Flow and teaches movement-based training for people around the globe. All these jobs and positions helped him learn about people. When he became a father, he pulled from all his life experiences to write the book "Build Your Legacy". It is a guide and blueprint for his children as well as for others to help teach them how to navigate life and build their own legacies.

### **Lindsey Keenan PHD, LAT, ATC Associate Professor, Department of Sports Medicine/ Athletic Trainer West Chester University**

Dr. Lindsey Keenan is an Associate Professor and Athletic Trainer in the Department of Sports Medicine at West Chester University, and is Co-Founder of PROMotion Health, a mental health screening platform for student-athletes. She received her bachelor's degree in athletic training from Lock Haven University, her master's degrees from East Stroudsburg University in Athletic Training and Sport Management, and her doctorate in Kinesiology with a concentration in Sport and Exercise Psychology from Temple University. Dr. Keenan works clinically with the WCU NCAA Women's Rugby national championship team and teaches undergraduate and graduate courses in the sports medicine and athletic training programs. Her research focuses on mental health in student-athletes, and she has published in several peer-reviewed journals in athletic training and sport psychology. Dr. Keenan has presented nationally and internationally on student-athlete depression, psychological aspects of concussion, and mental health screening.



# 38th Annual Conference and Business Meeting

## SPEAKER GUIDE

### **Pete Koeniges DAT, LAT, ATC** **Licensed Athletic Trainer** **Northern Highlands Regional High School**

Pete Koeniges has been the athletic trainer for Northern Highlands Regional High School (NJ) for 22 years. He is an adjunct instructor for Montclair State University and the Rutgers School of Health Professions. He is a preceptor for Montclair State University and Rowan University. He received his BS and M. Ed., from Springfield College and his DAT from Moravian University in December of 2021. Pete has volunteered with the ATSNJ as the Newsletter Editor of the Public Relations Committee from 2005-2013 and is currently on the Secondary Schools Committee. He volunteers with District 2's Value Committee. He has presented at ATSNJ and EATA conferences and has volunteered at NATA conferences as a moderator and lab assistant. He lives in River Vale, NJ with his wife, Donna, and sons, Gus and Matthew.

### **Jaclyn Morrissette PHD, ATC** **Athletic Training Program Director** **William Paterson University**

Dr. Jaclyn Morrissette is an Assistant Professor and Program Director of the Athletic Training and Sports Medicine Programs at William Paterson University. She completed her PhD at the University of Kentucky in Exercise Science with a concentration in Biomechanics and an emphasis in Gait Analysis. She also has a Master's degree in Sport and Recreation Management from James Madison University and a Bachelor's degree in Athletic Training from the University of Connecticut. She has presented in a number of areas focusing on gait analysis and how orthopedic and concussion injuries can affect gait. She was also the James L. Thornton Keynote Speaker for the student program at the 2020 EATA Conference where she presented on how students can build their brand to navigate their academic and professional careers. Dr. Morrissette is currently continuing her research on gait analysis and the long-term effect concussions can have on patient movement patterns. In her free time, she enjoys running, traveling, and doing outdoor activities with her husband, Dustin.



# 38th Annual Conference and Business Meeting

## SPEAKER GUIDE

### **Alejandro Morales-Restrepo MD** **Clinical Instructor of Orthopaedic Surgery** **University of Pittsburgh School of Medicine**

Dr. Morales-Restrepo grew up in Morris County, NJ. He graduated with distinction from the University of Delaware and obtained his medical doctorate from the University of Pittsburgh School of Medicine. Dr. Morales-Restrepo then completed his orthopaedic surgical training at the University of Pittsburgh Medical Center, a center consistently ranked amongst the best orthopaedic surgery programs in the country. While there, he was heavily active in the sports medicine department, managing professional athletes and serving as the high school physician for local football teams where he took care of on-field injuries and emergencies. After completion of his general orthopaedic training, he was appointed Clinical Instructor of Orthopaedic Surgery at UPMC where he held multiple hospital appointments, including at UPMC Presbyterian hospital, one of the largest level 1 trauma referral centers in the country. There, he managed complex high energy trauma referred from the entire state of Pennsylvania, and regions of western NY, OH, WV, and MD. Additionally, Dr. Morales-Restrepo held a clinical appointment at the Veteran's Affairs Hospital where he managed both emergencies and held an elective practice consisting of shoulder surgery and hip & knee replacements. While at the Veteran's Affairs Hospital, he was awarded the STAR award for outstanding service to veterans. He also served as Education Chief for UPMC's orthopaedic surgery residency program where he oversaw and developed training curriculum for resident physicians. During his Clinical Instructor year, Dr. Morales-Restrepo took special interest in performing routine and advanced reconstructive shoulder surgery under the tutelage of Dr. Albert Lin, a Harvard trained, an internationally renowned shoulder surgeon. Dr. Morales-Restrepo then went on to pursue further advanced training in complex shoulder, elbow, wrist, and hand surgery, completing a fellowship at UPMC's renowned Hand & Upper Extremity program. Dr. Morales-Restrepo has published extensively in areas of the upper extremity ranging from shoulder pathology down to thumb injuries.

### **Eric Nussbaum MED, LAT, ATC** **Licensed Athletic Trainer & ATSNJ Hall of Fame Member** **University Orthopaedic Associates**

Eric Nussbaum is an athletic trainer with 38 years of experience working on all levels of athletics. He currently works as an athletic trainer for University Orthopaedic Associates (UOA) and he holds a clinical academic appointment to the Department of Orthopaedic Surgery, Rutgers, Robert Wood Johnson Medical School. Eric has served as the President of the Athletic Trainers Society of New Jersey, and is a member of the ATSNJ HOF, as well as the NJ Coaches Association HOF. He has been involved with research, published numerous articles, book chapters, and has been a speaker at numerous state, regional and national meetings.



# 38th Annual Conference and Business Meeting

## SPEAKER GUIDE

### **Danielle Palestina ATC, RN**

#### **Assistant Manager of Athletic Training Department Atlantic Sports Health of Atlantic Health System**

Danielle graduated from Montclair State University with a Bachelor of Science degree in Athletic Training. For the five years following graduation Danielle worked at Pope John XXIII Regional High School as their Head Athletic Trainer. During her time at Pope John, she also worked in the physician practice setting supporting the Sports Medicine physicians at Atlantic Sports Health an outpatient practice of Atlantic Health System. After leaving Pope John, Danielle continued working at Atlantic Sports Health and returned to school to become a Registered Nurse. She is currently an Assistant Manager and oversees the system's Athletic Training Department.

### **Allan Parsells MS, LAT, ATC, ITAT**

#### **Athletic Trainer and Site Safety Manager Amazon**

Allan Parsells earned a Bachelor's degree in Liberal Studies from the University of Scranton in 2008 before earning a Bachelor's degree in Athletic Training and a Master's degree in Clinical Athletic Training from East Stroudsburg University of Pennsylvania in 2010. The Clarks Summit, Pennsylvania native has been employed as an athletic trainer in a multitude of settings, including past experiences at the NCAA Divisions I, II, and III levels and at a private middle/high school (Oratory Prep - Summit, NJ). Allan has extensive expertise in providing medical staffing solutions to youth sports organizations, camps, clinics, showcases, and schools. Allan currently works as a Site Safety Manager with Amazon.com at their robotic fulfillment center in Edison, NJ. Previous to moving into the Safety Manager role, Allan was employed as an Injury Prevention Specialist. In addition to being a nationally certified and state licensed athletic trainer, Allan is also a certified instructor for the American Red Cross and also holds the ImpACT Trained Athletic Trainer (ITAT) certification. Allan is a member of the National Athletic Trainers' Association and Athletic Trainers' Society of New Jersey (where he served as the ATSNJ PR Chairman from 2013-2020). He currently resides in Flemington, New Jersey with his wife, Katie and their 3 children, Aidan, Norah and Tyler.



# 38th Annual Conference and Business Meeting

## SPEAKER GUIDE

### **Kip Patterson ATC/L, CSCS**

#### **Certified Athletic Trainer/ Certified Strength and Conditioning Specialist Shawnee High School**

Kip Patterson ATC/L, CSCS has over 30 years of experience working as a Certified Athletic Trainer and Certified Strength and Conditioning Specialists. He has been the Head Athletic Trainer at Shawnee High School since 1996 where he manages injury care and rehabilitation to one of South Jersey's leading sports programs. He is member of the NJ Burlington County Athletic Trainers Society and has served as the Vice President and President. In 2017 he was honored with the ATSNJ President's Award for Outstanding Athletic Training Leadership in the Burlington County. He was awarded the 2016-2017 Education Services Professional Award. In 2016 he represented the NATA and New Jersey as they met with Senators and Congressmen in Washington D.C. concerning national bills for sport safety and interstate practice as an Athletic Trainer. In 2019 he presented The Need for Dynamic Stability and Coordinated Movement in Sport Development at the NJ State Strength and Conditioning Conference. In 2023 he presented the "JEPster" Taping Technique for the Treatment of Medial Posterior Tibial Stress Syndrome at the ATSNJ State Conference. He is the advisor for the Shawnee High School Renegade Fishing Club. When he is not covering sporting events, treating injuries or taping ankles, you can probably find him on the water with a bent fishing pole catching bass, fluke and stripers.

### **August M Price PSYD**

#### **Concussion Program Director Bellapianta Orthopaedics and Sports Medicine**

Dr. Price is a clinical neuropsychologist specializing in sports-related concussion and behavioral health across the lifespan. He completed his sports neuropsychology fellowship at Children's Health Andrews Institute in Plano, TX. During his fellowship, Dr. Price was responsible for the diagnosis, treatment, and management of pediatric and adult concussions. He was trained under a clinical model that focused on early identification of injury with an emphasis on neurorehabilitation, gradual return to activity and physical exertion, and behavioral health management. Dr. Price also provided sideline concussion coverage for local high school and college football teams and has experience consulting at every level of play, including collegiate and professional athletes. Additionally, his training included the provision of behavioral health counseling for individuals struggling with anxiety and stress, particularly in the context of returning to sport/work. While on fellowship, Dr. Price published numerous scientific articles in peer reviewed journals on topics such as neurorehabilitation, prognostic indicators, and recovery trajectories for sports-related concussion. He has presented this award-winning research at several national conferences.



# 38th Annual Conference and Business Meeting

## SPEAKER GUIDE

### **Michael Prybicien MA, LAT, ATC, CES, PES Head Athletic Trainer & ATSNJ Hall of Fame Member Passaic High School**

Michael Prybicien is an athletic trainer at Passaic High School, an athletic training adjunct faculty member at William Paterson University and a clinical preceptor. He is the President of Sport Safety International, a sport safety online education company, responsible for the education of parents, coaches, athletes, and health care providers on a variety of topics to promote "Play Safely". Michael is a 1993 bachelor's graduate of the Pennsylvania State University and a 1997 master's graduate of Kent State University. Michael is a recipient of the NATA's Distinguished Service and Service Award as well as the ATSNJ's Distinguished Service and Service Awards. Additionally, he has been inducted into the ATSNJ's Hall of Fame and the New Jersey State Coaches' Association Hall of Fame. Michael currently serves on the NATA's Secondary School Committee and AT Educationalist Community Board, the NATA's Association District 2 and ATSNJ's ATCares committee, the Hackensack University Medical Center, Diabetes Molly Center, Consumer Advisory Committee and the University of South Florida Educational Initiative on Sick Cell Trait for the Athletic Population Advisory Board Member. Michael has online education courses, book chapters, abstract articles and journal articles specializing in his areas of expertise.

### **Robb Rehberg PHD, ATC, NREMT Professor & Senior Medical Advisor/ Director of Game Day Medical William Paterson University & NFL**

Dr. Rehberg is a Professor in the Athletic Training and Sports Medicine programs at William Paterson University, a position he has held for 17 years. In addition, he currently serves as Senior Medical Advisor and Director of Game Day Medical Operations for the National Football League. He also is the co-founder of two companies – Sport Safety International, a sport safety education company, and the Rehberg Konin Group, which is the largest group of athletic trainer legal experts in the world. Dr. Rehberg previously held positions at the secondary school, clinical, and industrial settings. Dr. Rehberg earned his bachelor's degree in Athletic Training, with a minor in Health Science from West Chester University of Pennsylvania (2001), a Master of Sport Science degree with an emphasis in Sport Management from the United States Sports Academy (1999), and a Doctor of Philosophy degree in Health Science with a concentration in international health research and education from Touro University International (2003). Dr. Rehberg has authored two textbooks, dozens of publications, and presented over 100 lectures on various topics in sports medicine and emergency care. He has held several leadership positions including serving as president of the Athletic Trainers' Society of New Jersey, as EATA and District 2 Treasurer, and as the District 2 Governmental Affairs Chair. He is a member of the National Athletic Trainers' Association, Athletic Trainers' Society, NJ Scholastic Coaches Association, and Westwood High School Athletics Halls of Fame.



# 38th Annual Conference and Business Meeting

## SPEAKER GUIDE

### **Sara Rodriguez MS, LAT, ATC Regional Injury Prevention Manager Amazon**

Sara Rodriguez, MS, LAT, ATC is originally from Monroe Township, NJ. She earned a Bachelor's Degree in Athletic Training from Kean University in 2016 before earning a Master's Degree in Exercise and Sports Studies with a focus in Exercise Physiology at William Paterson University in 2018. Sara also worked as Graduate Assistant Athletic Trainer for William Paterson two years primarily for Women's Volleyball and Softball. She went on to work in outpatient physical therapy, followed by employment at Rothman Orthopedics as a Surgical Clinical Assistant. Sara continued work with sports teams ranging from youth to college level and has remained an active member of both the National Athletic Trainers' Association and the Athletic Trainers' Society of NJ. In September 2019, Sara assumed the role of an Injury Prevention Specialist for Amazon and went on to become the Regional Injury Prevention Manager, currently overseeing 6 sites across NJ, DE, and MA in 2021. Her areas of expertise include MSD risk reduction, injury data analysis, strategic planning in injury prevention, workplace health/safety and onsite care. Sara is also a certified instructor for the American Red Cross, a Level I Certified Ergonomic Assessment Specialist, and a published author in the Journal of Sports Biomechanics (2019) due to the success of her thesis study, "Effects of deceleration-focused exercise strategies on shoulder range of motion and throwing velocity in baseball and softball athletes." Sara resides in East, Windsor NJ with her husband Nicholas and despite forever calling NJ home, they both spend the bulk of their time seeing new places across many countries.

### **Drue Stapleton PHD, ATC, CSCS Exercise Science Program Director Rider University**

Drue Stapleton is currently an Associate Professor of Health and Exercise Science and the Director of the Exercise Science program at Rider University. Prior to his current role he was an AT Program Director; he has practiced clinically with NCAA Division I, II, and III and secondary school teams. He holds degrees from Hudson Valley Community College, SUNY (Soo-nee) Cortland, Salisbury University, and his doctorate from West Virginia University. His research interests focus on factors related to movement quality and athletic performance and injury risk in traditional and non-traditional athletes.



# 38th Annual Conference and Business Meeting

## SPEAKER GUIDE

### **James Stavitz PHD, LAT, ATC, ROT, OPE-C Professor, Department of Athletic Training Kean University**

Dr. James Stavitz, a distinguished figure in the realm of Athletic Training, earned his Doctorate in Health Science from Seton Hall University in 2020. Prior to this, he completed his Master's in Management and Leadership (2011) and Bachelor's in Athletic Training and Sports Medicine (2010) from East Stroudsburg University. Dr. Stavitz has an exemplary academic record and has showcased proficiency in his roles at East Stroudsburg University and Kean University. Starting as an Adjunct Faculty teaching Kinesiology and Rehabilitation in Exercise Science (2018, 2019), he transitioned to a role as a full-time Athletic Training Education Faculty (2019-2021). In this capacity, he taught a range of subjects, including Biomechanics, Kinesiology, and Pharmacology. By Fall 2021, he was appointed as Assistant Professor, further underlining his commitment to excellence in the field. His tenure at Kean University saw him juggle multiple responsibilities, including coordinating the Board of Certification Senior Workshop and contributing to the development of the Entry-Level Master of Science in Athletic Training Program. Furthermore, he served on several committees, such as the NWGC Curriculum Committee and the Athletic Training Education Program Curriculum Committee. Outside academia, Dr. Stavitz held the position of Athletic Trainer at University Orthopedic Associates from 2011 to 2018 (now per diem), demonstrating his versatility across the domains of sports medicine, rehabilitation, and patient care. His scholarly pursuits are commendable. Recent contributions include case studies on varied subjects and peer-reviewed articles on concussion management and sports medicine. Notably, his work has been featured in reputed journals like 'Concussion' and 'Global Epidemiology'. Dr. Stavitz holds multiple certifications and licenses in his field, including the Athletic Training Board of Certification and the New Jersey State Medical License for Athletic Training. He's also a registered Orthopedic Technologist and an Orthopedic Physician Extender Certified. He maintains affiliations with several notable associations, including the National Athletic Trainers Association, Eastern Athletic Trainers Association, and the National Board of Certification of Orthopedic Specialties. A trailblazer in health science and athletic training, Dr. Stavitz is an asset to the academic and athletic communities alike.

### **Luis Torres DHSC, LAT, ATC Assistant Professor, Department of Exercise Science and Physical Education Montclair State University**

Dr. Luis Torres is an Assistant Professor within the Department of Exercise Science and Physical Education at Montclair State University in Montclair, NJ. He received his Doctorate of Health Science (D.H.Sc.) from East Stroudsburg University in East Stroudsburg, PA. He also holds a M.S. in Athletic Training from ESU and a B.A. in Psychology and a B.S. in Athletic Training from Montclair State University. His research interests include the use of psychosocial interventions in the physical rehabilitation of active individuals and the effect of psychological traits on the biomechanical performances of athletes. Dr. Torres is also a licensed and certified athletic trainer and a certified personal trainer, behavior change specialist, and corrective exercise specialist through the National Academy of Sports Medicine.

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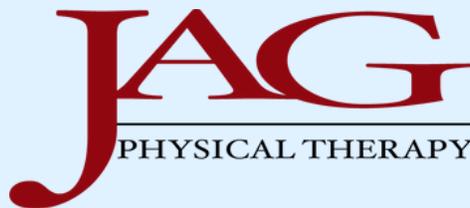
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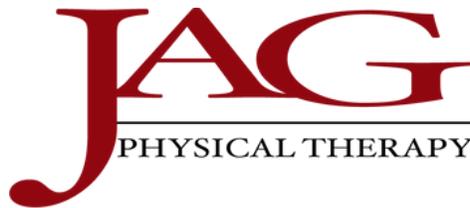
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